Objective

By the end of this lesson, the student will understand the different types of apples, their benefits, and how they grow. They will also engage in fun activities that enhance their knowledge and creativity related to apples.

Materials and Prep

- Paper
- Colored pencils or crayons
- Access to a computer or tablet (optional for research)
- Fresh apples (any variety available)

Before the lesson, familiarize yourself with different types of apples and their characteristics. You can also prepare a few fun apple facts to share with the student.

Activities

• Apple Tasting:

Slice different types of apples and have a tasting session. Discuss the flavors, textures, and colors of each apple. Ask the student which one they like best and why.

• Apple Art:

Using paper and colored pencils or crayons, the student can draw their favorite type of apple or create a fun apple-themed picture. Encourage them to be creative!

• Apple Facts:

Have the student research and write down five interesting facts about apples. This can include where they grow, how many types there are, or fun history about apples.

• Apple Tree Growth:

Discuss how apples grow from trees. Draw a simple diagram of an apple tree and label the parts (roots, trunk, branches, leaves, apples).

Talking Points

- "Did you know there are over 7,500 types of apples in the world? That's a lot of apples!"
- "Apples are not just tasty; they're also healthy! They can help keep our hearts strong."
- "Where do you think apples grow? They come from trees that need sunshine and water!"
- "What's your favorite type of apple? Sweet ones like Fuji or tart ones like Granny Smith?"
- "Have you ever seen an apple seed? When we plant it, it can grow into a big apple tree!"
- "Apples can be red, green, or yellow. What color do you like best?"
- "Did you know that apple trees can live for over 100 years? That's a long time for a tree!"