

Objective

By the end of this lesson, the student will understand the importance of chores, learn how to effectively manage them, and develop a fun and engaging routine for taking care of the home.

Materials and Prep

- Paper and pencil for making a chore list
- Timer (can use a phone or clock)
- Cleaning supplies (like a cloth or broom, if available)
- Access to different rooms in the house for various chores
- Optional: Music for a fun atmosphere

Before starting the lesson, it's helpful to have a discussion with the student about which chores they already know how to do and which ones they might want to learn.

Activities

- **Chore Chart Creation:**

Help the student create a colorful chore chart. They can list daily, weekly, and monthly chores, and decorate it with drawings or stickers. This will make chores more fun and visually appealing!

- **Chore Relay Race:**

Set a timer and have a friendly competition to see how many chores the student can complete in a set amount of time. This can include tasks like picking up toys, dusting surfaces, or sweeping. Make it exciting by playing music!

- **Chore Role Play:**

Role-play different scenarios where chores are needed. For example, pretend there's a party coming up and the house needs to be cleaned. Discuss which chores should be prioritized and why.

- **Chore Reflection:**

At the end of the lesson, have the student reflect on which chores they enjoyed the most and why. They can write down their thoughts or share them verbally.

Talking Points

- "Why do you think chores are important?"
- "Chores help keep our home clean and organized, which makes it a nice place to live!"
- "What chores do you think are the easiest and the hardest?"
- "Having a chore chart can help you remember what needs to be done and when!"
- "Can you think of a fun way to make chores more enjoyable?"
- "How do you feel after completing a chore? Does it make you feel accomplished?"
- "What is your favorite chore and why?"
- "If you were to teach someone else how to do a chore, what would you say?"
- "How can we make a chore routine that works for you?"
- "Remember, chores are not just responsibilities; they are also a way to contribute to our home!"