

Objective

By the end of this lesson, Max will understand the importance of household chores, learn how to do some simple tasks, and feel proud of his contributions to keeping the home tidy.

Materials and Prep

- Max's favorite cleaning cloths
- A small broom and dustpan
- A small bucket of soapy water (or a bowl filled with water and soap)
- Some toys or items to clean up
- A timer (optional, for fun challenges)

Before the lesson, ensure that Max knows the names of the chores he will be doing and that he feels comfortable using the materials.

Activities

• Chore Chart Creation

Start by making a fun chore chart together. Draw or write down the chores he can help with, like sweeping, dusting, or picking up toys. Use colorful markers to make it exciting!

• Cleaning Challenge

Set a timer for 5 minutes and challenge Max to pick up as many toys as he can. This will make cleaning feel like a game! Celebrate his success when the timer goes off.

• Dusting Dance

Put on some fun music and let Max dust surfaces while dancing! This will make the chore enjoyable and energetic.

• Storytime Cleanup

While cleaning, tell a fun story about a superhero who keeps their home tidy. Encourage Max to pretend he is that superhero while he cleans!

Talking Points

- "Max, why do you think it's important to keep our home clean?"
- "Did you know that chores help us take care of our space? It's like being a superhero for our home!"
- "How do you feel when you see a clean room? It makes everything look nice, right?"
- "Let's make cleaning fun! What song do you want to dance to while we dust?"
- "Remember, every little bit you do helps! Even picking up one toy is a big help!"
- "After we finish, we can look at our chore chart and see how much we did together!"