

Objective

By the end of this lesson, the student will understand the basic story of Adam and Eve, including who they are, where they lived, and the important lesson about choices.

Materials and Prep

- No special materials are needed, just your imagination and a comfortable space to sit and learn.
- Be prepared to tell a simple version of the story of Adam and Eve, focusing on key points that are easy for a 3-year-old to grasp.
- Think about ways to make the story interactive, such as using hand gestures or facial expressions.

Activities

- **Story Time:** Sit together and tell the story of Adam and Eve. Use simple language and make it engaging by using different voices for each character.
- **Garden Creation:** Pretend to create a garden like the one Adam and Eve lived in. Use your hands to "plant" imaginary flowers and trees. Talk about the different things you would see in a garden.
- **Choice Game:** Create a simple game where you present two options (like an apple or a banana) and let the child choose. Explain that Adam and Eve had a choice too, and discuss what choices mean.
- **Art Time:** Draw a picture of Adam and Eve in the garden. Use crayons or colored pencils to make it colorful. Talk about what they might be doing in the garden.

Talking Points

- "Adam and Eve were the first people. They lived in a beautiful garden called Eden!"
- "In the garden, there were lots of trees and flowers. Can you imagine what it looked like?"
- "Adam and Eve had a choice to make. They could eat from any tree, but one tree was special. What do you think they chose?"
- "It's important to make good choices. Just like when we choose between an apple or a banana!"
- "Even if we make mistakes, we can learn and grow. Just like Adam and Eve did!"