

Objective

By the end of this lesson, Elliott will understand the concept of the Fruit of the Spirit as described in the Bible, specifically in Galatians 5:22-23. He will learn about different fruits like love, joy, peace, and kindness, and how these can be shown in everyday life.

Materials and Prep

- Paper
- Crayons or markers
- Fruits (real or pictures)
- Bible (KJV) or printout of Galatians 5:22-23
- Space for activities (inside or outside)

Before the lesson, review the Fruits of the Spirit in Galatians 5:22-23 to be able to explain them simply to Elliott.

Activities

- **Fruit of the Spirit Art:**

Elliott will draw his favorite fruit and next to it, he will write or dictate what that fruit represents from the Fruit of the Spirit. For example, he could draw an apple and say it represents love.

- **Fruit Hunt:**

Set up a small scavenger hunt where Elliott finds different fruit pictures or real fruits around the house or yard. Each time he finds a fruit, discuss what it means in the context of the Fruit of the Spirit.

- **Acting Out Fruits:**

Choose a Fruit of the Spirit and act it out together. For example, if you choose "joy," you can jump around and laugh. This helps Elliott understand how to express these fruits in real life.

- **Story Time:**

Read a simple story or parable that illustrates one of the Fruits of the Spirit. Discuss how the characters showed love, kindness, or patience.

Talking Points

- "Do you know what the Fruit of the Spirit is? It's like special gifts God gives us!"
- "Love is like a big hug! How can we show love to our friends?"
- "Joy is being happy! What makes you feel joyful?"
- "Peace is feeling calm. Can you think of a time when you felt peaceful?"
- "Kindness is being nice to others. Can you think of a kind thing you've done?"