

Objective

By the end of this lesson, Jordan will have explored various aspects of dance through the lens of different subjects, enhancing her reading, spelling, and life skills while developing critical thinking and logic through engaging activities related to dance.

Materials and Prep

- Notebook and pen for notes and reflections
- Access to a mirror (for dance practice)
- Space to move freely (living room or backyard)
- Internet access for research (optional)
- Dance music playlist

Before the lesson, ensure that the space is clear for dancing. Prepare a list of dance styles to explore, and gather resources for reading and research if needed.

Activities

• Dance Style Exploration:

Jordan will choose 2-3 different dance styles (e.g., ballet, hip-hop, salsa) and research their history, key movements, and cultural significance. She can write a short paragraph for each style in her notebook.

• Dance Choreography Creation:

Using the styles researched, Jordan will create a short dance routine (1-2 minutes) that incorporates elements from each style. She can practice in front of a mirror to refine her movements.

• ASL Dance Interpretation:

Jordan will learn 5 basic ASL signs related to dance (like "dance," "music," "move," "fun," and "together"). She will then create a short performance that combines dance and ASL to express a simple story.

• Spelling and Vocabulary:

Jordan will create a list of 10 dance-related terms (like "choreography," "rhythm," "improvise") and write their definitions. She can then use them in sentences to enhance her spelling and vocabulary.

• Life Skills Reflection:

Jordan will reflect on what she learned about teamwork and discipline in dance. She can write a short essay on how these skills apply to her daily life and future goals.

Talking Points

- "Dance is a form of expression that can tell a story without words. What story do you want to tell through your dance?"
- "Every dance style has its own unique history and culture. Which style resonates with you the most, and why?"

- "Creating choreography is like solving a puzzle. How can you fit different movements together to create something beautiful?"
- "ASL is a powerful way to communicate. How do you think combining dance and ASL can enhance your performance?"
- "Spelling and vocabulary are important in every subject. How can learning new words related to dance help you in other areas?"
- "Life skills learned in dance, like teamwork and discipline, are essential in all aspects of life. Can you think of a time when you used these skills outside of dance?"