

Objective

By the end of this lesson, J will be able to understand the concept of Serious Duo and present a short piece from a play or story with confidence and expression. J will learn how to convey emotions and messages through serious storytelling.

Materials and Prep

- A comfortable space for performance
- List of short stories or plays to choose from (parents can provide suggestions)
- Timer (to keep track of the 5 to 10-minute presentation)
- Notebook and pencil for notes
- A mirror (optional, for practicing expressions)

Activities

- **Story Selection:** J will choose a short story or a play that interests them. This helps in making the performance personal and engaging.
- **Character Exploration:** J will think about the characters in the story. Who are they? What do they feel? This activity helps J understand the emotions behind the characters.
- **Practice Performance:** J will practice presenting their chosen piece in front of a family member. This will help build confidence and improve delivery.
- **Emotion Charades:** J can play a game where they act out different emotions (happy, sad, angry) without words, helping them to express feelings through body language.
- **Reflection Time:** After practicing, J will share what they enjoyed about the story and how they felt while performing. This encourages them to think critically about their experience.

Talking Points

- "What is a Serious Duo? It's like telling a story but with serious feelings!"
- "Can you think of a character that feels very strongly? How do they show their feelings?"
- "When you practice, remember to use your voice and face to show the emotions!"
- "Why is it important to understand how characters feel? It helps us tell their story better!"
- "How did it feel to act out the story? Did it make you feel different things?"