

Objective

By the end of this lesson, the student will be able to understand basic budgeting, make a shopping list, and calculate the total cost of items while practicing their English and math skills in a fun and engaging way.

Materials and Prep

- Paper and pencil for making a shopping list
- Calculator (if available, but can also do math by hand)
- Play money (or real coins, if available)
- Sample grocery store flyers or a list of common grocery items with prices (can be created beforehand)

Before the lesson, prepare a list of grocery items with prices and create a mock budget for the shopping trip.

Activities

- **Creating a Shopping List:**

The student will think about what they need for meals during the week and create a shopping list. Encourage them to think about healthy options and include fruits, vegetables, and proteins.

- **Budgeting Game:**

Provide the student with a mock budget (e.g., \$50) and have them pick items from the grocery list while keeping track of the total cost. This will help them practice addition and subtraction.

- **Price Comparison:**

Using the grocery store flyers, the student will compare prices of similar items and decide which is the better deal. This will teach them about value and decision-making.

- **Role-Playing Shopping:**

Set up a mock grocery store at home. The student can use play money to "buy" the items on their list, practicing their math skills as they calculate how much they spend and how much change they should receive.

Talking Points

- "Why is it important to make a shopping list before going to the store?"
- "How can we stay within our budget while shopping?"
- "What are some healthy foods we should include on our list?"
- "How do we calculate the total cost of our items?"
- "What is the difference between two similar items, and how do we choose the best one?"
- "How does using play money help us understand real-life shopping?"