

Objective

By the end of this lesson, the student will have a better understanding of who Nelson Mandela was, his contributions to the fight against apartheid in South Africa, and how his life inspires people around the world to stand up for justice and equality.

Materials and Prep

- Paper and colored pencils or markers
- A comfortable space for reading and activities
- Basic knowledge about South Africa and apartheid (this can be shared during the lesson)

Activities

- **Story Time:**

Read a simple biography of Nelson Mandela together. Discuss key events in his life, like his time in prison and how he became the first black president of South Africa.

- **Drawing Mandela:**

After learning about Mandela, the student can create a colorful portrait of him. Encourage them to include symbols of peace and freedom, like doves or the South African flag.

- **Role Play:**

Act out a short scene where the student pretends to be Nelson Mandela giving a speech about freedom. This helps them understand his passion and dedication to equality.

- **Creating a Mandela Day:**

Discuss the idea of "Mandela Day," a day to help others. The student can think of ways they can help someone in their community, like helping a neighbor or being kind to a friend.

Talking Points

- "Nelson Mandela was a man who wanted everyone to be treated equally, no matter their skin color."
- "He spent 27 years in prison because he stood up against unfair laws in South Africa."
- "When he got out of prison, he didn't want revenge; he wanted peace and forgiveness."
- "Mandela became the first black president of South Africa and worked to unite the country."
- "He taught us that one person can make a big difference in the world."
- "We celebrate Mandela Day on July 18th to honor his legacy by helping others."
- "It's important to always stand up for what is right, just like Mandela did."
- "Nelson Mandela said, 'It always seems impossible until it's done.' This reminds us to keep trying!"