

## Objective

By the end of this lesson, the student will learn how to measure ingredients while cooking, understand basic measurement concepts, and have fun creating a simple recipe!

## Materials and Prep

- 1 cup measuring cup
- 1/2 cup measuring cup
- 1/4 cup measuring cup
- 1 teaspoon measuring spoon
- 1 tablespoon measuring spoon
- Ingredients for a simple recipe (e.g., pancakes, cookies, or a fruit salad)

Make sure to have a clean cooking area and all ingredients ready before starting the lesson. This will help the student focus on measuring and cooking!

## Activities

### • Measuring Game:

Play a game where the student has to guess how many of each measuring cup they need for different amounts. For example, if we need 2 cups, how many 1/2 cups do we need?

### • Recipe Time:

Choose a simple recipe and have the student measure out each ingredient. Encourage them to read the measurements and use the right measuring tools!

### • Measurement Art:

Use flour or sugar to create shapes on a plate. The student can measure out different amounts and create fun designs while learning about volume!

## Talking Points

- "What do you think measuring means? It's like finding out how much of something we have!"
- "When we bake, we need to be very careful with our measurements. Can you help me measure these ingredients?"
- "If we need 1 cup of flour, how many 1/4 cups do you think we need? Let's figure it out together!"
- "Look! This measuring cup says 1/2 cup. If we fill it twice, how much do we have?"
- "Measuring is like a treasure hunt! We are finding the right amounts to make our yummy food!"
- "Great job measuring! Now we can make something delicious together!"