

Objective

By the end of this lesson, the student will learn how to effectively clean a bathroom, understand the importance of cleanliness, and develop a routine that can be applied to other areas of the home.

Materials and Prep

- All-purpose cleaner (if available)
- Disinfectant wipes or spray
- Paper towels or rags
- Trash bag
- Bucket of warm water (if possible)
- Sponges or scrub brushes
- Rubber gloves (optional)

Before starting the lesson, ensure all materials are gathered and the bathroom is accessible. Discuss the importance of safety when using cleaning products.

Activities

- **Bathroom Scavenger Hunt:**

Before cleaning, have the student identify items that don't belong in the bathroom and make a list. This helps them recognize clutter and understand what needs to be put away before cleaning begins.

- **Cleaning Race:**

Set a timer and challenge the student to see how quickly they can clean specific areas (like the sink, toilet, or shower). This makes cleaning fun and encourages efficiency!

- **DIY Cleaning Solutions:**

If safe, discuss how to make simple cleaning solutions using household items (like vinegar and baking soda). This teaches them about natural cleaning options and their effectiveness.

- **Reflection Journal:**

After cleaning, have the student write a short reflection on what they learned, what they enjoyed, and how they can apply these skills in the future.

Talking Points

- "Why do you think it's important to keep our bathroom clean?"
- "Cleaning can prevent germs and bacteria from spreading. How does that make you feel about cleaning?"
- "What do you think is the hardest part of cleaning a bathroom?"
- "What cleaning products do you think are most effective, and why?"
- "How can we make cleaning a regular part of our routine?"
- "What did you find most satisfying about cleaning today?"
- "Can you think of other areas in the house that might need a similar cleaning approach?"