# **Objective**

By the end of this lesson, the student will have a well-rounded understanding of basic concepts in English, History, Math, Music, Physical Education, Science, and Social Studies, all while engaging in fun and interactive activities that promote learning through play.

## **Materials and Prep**

- · Paper and pencils for writing and drawing
- A timer or stopwatch for physical activities
- Musical instrument (optional) or an online music platform to listen to songs
- Access to a safe outdoor space for physical activities
- Simple science experiment materials (e.g., vinegar, baking soda, food coloring)
- History timeline printout (can be drawn on paper)

Before the lesson, make sure to have a comfortable workspace set up for writing, drawing, and conducting experiments. Familiarize yourself with the basic concepts of each subject area to guide the student effectively.

## **Activities**

## • English Story Creation:

The student will write a short story using at least five vocabulary words they learned this week. They can illustrate their story afterward.

#### • Historical Timeline Creation:

The student will create a timeline of important events in their favorite historical period, drawing pictures or writing short descriptions of each event.

## • Math Scavenger Hunt:

Set up a scavenger hunt where the student finds items around the house and measures them (length, width, height) to practice basic math skills.

#### Music and Movement:

Play a song and have the student create a dance or movement routine to go along with it. Discuss the rhythm and beats afterward.

## • Physical Education Challenge:

Set a timer for 10 minutes and challenge the student to complete as many jumping jacks, situps, or any fun physical activity as they can!

### • Science Experiment:

Conduct a simple experiment using vinegar and baking soda to create a "volcano." Discuss the science behind the reaction.

#### Social Studies Discussion:

Discuss what makes a community and have the student draw their ideal community, labeling important places like schools, parks, and stores.

# **Talking Points**

- "Can you think of a time when you created a story? What was it about?"
- "What are some important events in history that you find interesting? Why?"
- "How do we use math in our everyday lives? Can you find examples around the house?"
- "What do you feel when you listen to music? Can you express that through dance?"
- "Why is it important to stay active? How does it make you feel?"
- "What do you think happens in a chemical reaction? Can you guess what will happen in our experiment?"
- "What places do you think are important in a community? Why do we need them?"