

Objective

By the end of this lesson, ALEF will learn about different dinner foods, how to set a dinner table, and the importance of sharing meals with family. ALEF will also create a fun dinner menu to share!

Materials and Prep

- Paper and crayons or markers
- A clean table or surface for setting up a dinner table
- Different types of food items (real or imaginary) to discuss
- Knowledge about basic table settings (fork, knife, spoon, plate, cup)

Activities

- **Food Drawing:**

ALEF will draw pictures of different dinner foods that he enjoys or wants to try. This will help him express his preferences and creativity!

- **Table Setting Practice:**

ALEF will practice setting a dinner table using imaginary food items. He will learn where to place the fork, knife, spoon, plate, and cup.

- **Create a Dinner Menu:**

ALEF will create a fun dinner menu by writing down his favorite foods and drawing pictures of them. This will help him understand how menus work!

- **Family Dinner Role-Play:**

ALEF will role-play a family dinner by pretending to serve food and talk about what everyone did that day. This will teach him about sharing and communication!

Talking Points

- "What is your favorite food to have for dinner?"
- "Can you tell me how you would set the table for dinner?"
- "Why do you think it's important to eat dinner together as a family?"
- "What fun foods would you like to put on your dinner menu?"
- "How does it feel to share food with others?"
- "What stories do you think we could share during dinner?"