

Objective

By the end of this lesson, the student will be able to identify and describe the five senses: sight, hearing, touch, taste, and smell. They will engage in fun activities that help them explore each sense and understand how they help us experience the world around us.

Materials and Prep

- No specific materials are needed for this lesson.
- Be prepared to use everyday items around the house to explore the senses.

Activities

- **Sense Walk:**

Take a short walk around your home or outside. Encourage the student to use their senses to describe what they see, hear, smell, and feel. Ask questions like, "What color is that flower?" or "What sound do you hear?"

- **Touch and Feel Box:**

Gather a few different textured items from around the house (like a soft cloth, a rough rock, or a smooth ball). Have the student close their eyes and feel each item, describing how it feels using words like soft, hard, bumpy, or smooth.

- **Taste Test:**

Choose a few small, safe foods (like a piece of apple, a cracker, or a bit of chocolate). Let the student taste each one and describe the flavors they experience. Ask them if it's sweet, salty, sour, or bitter.

- **Sound Hunt:**

Sit quietly and listen for different sounds around you. Ask the student to identify each sound they hear. You can also make sounds with your mouth or clap your hands and ask them to guess what it is.

- **Smell Scavenger Hunt:**

Find items around the house that have different smells (like spices, fruits, or flowers). Let the student smell each item and describe what they smell. Encourage them to use words like sweet, spicy, or stinky!

Talking Points

- "What do you see around you? Can you tell me the colors?"
- "Can you hear that sound? What do you think it is?"
- "How does this feel? Is it bumpy or smooth?"
- "What does this taste like? Is it sweet or salty?"
- "What can you smell? Does it smell good or bad?"