

Objective

By the end of this lesson, the student will understand the concept of personal space and why it is important to respect the space of others. They will also learn how to express their own personal space needs in a fun and engaging way.

Materials and Prep

- No special materials are needed for this lesson.
- Be prepared to demonstrate personal space with your own body movements.
- Know some fun examples of personal space situations to share with the student.

Activities

- **Personal Space Bubble:** Have the student imagine they have a bubble around them. Ask them to stretch their arms out and spin around to see how big their bubble is. Explain that this bubble is their personal space and they should feel comfortable inside it.
- **Space Invaders Game:** Play a game where one person pretends to be an "invader" and tries to get into the other person's bubble. The "bubble owner" must move away to keep their space. Switch roles and have fun while learning about respecting space!
- **Personal Space Storytime:** Create a short story together about a character who learns about personal space. Use fun voices and actions to make it engaging. Talk about how the character felt when their space was respected or invaded.

Talking Points

- "Personal space is like a special bubble around us that keeps us safe!"
- "When someone is too close, it can feel uncomfortable. We want to respect each other's bubbles!"
- "If I need more space, I can say, 'Please give me some space!' and that's okay!"
- "It's fun to play games where we practice keeping our personal space. Let's keep our bubbles safe!"