

Objective

By the end of this lesson, the student will understand the importance of staging Philippine folkdance, including its cultural significance, the different types of dances, and how staging enhances the performance. The student will also have the opportunity to create a mini performance of a folk dance.

Materials and Prep

- Open space for dancing
- Notebook and pen for taking notes
- Access to online videos of Philippine folk dances (if possible)
- A list of different Philippine folk dances to explore
- Costume or props (optional, for the performance)

Before starting the lesson, familiarize yourself with a few Philippine folk dances, such as Tinikling, Singkil, or Pandanggo sa Ilaw. Prepare a list of questions to encourage discussion.

Activities

• Watch and Discuss:

Begin by watching a video of a Philippine folk dance. After watching, discuss what you saw. Ask questions like, "What did you notice about the dancers?" and "How did the music make you feel?"

• Research Different Dances:

Using the internet or books, research different types of Philippine folk dances. Create a chart to compare their unique features, such as the music, costumes, and movements.

• Mini Performance:

Choose a folk dance to stage a mini performance. Practice the dance steps and decide on the costumes or props. Invite family members to watch the performance!

• Reflection Journal:

At the end of the lesson, write a short reflection in your notebook about what you learned. What was your favorite part? Why do you think staging is important in folk dance?

Talking Points

- "Did you know that Philippine folk dances tell stories about our culture and history?"
- "Staging a dance means preparing how the performance will look, including the movements and costumes!"
- "Every dance has its own music, and the rhythm helps the dancers know when to move!"
- "Folk dances are often performed during festivals or special occasions, bringing people together!"
- "Why do you think costumes are important in a dance? They can show who the dancers are and what the story is!"
- "Practicing a dance helps us learn teamwork and discipline, which are important skills in life!"
- "What do you think makes a dance fun to watch? Is it the music, the movements, or the costumes?"

- "Staging helps to make the dance more exciting and helps the audience understand the story better!"
- "How can you express your feelings through dance? Dance is a way to share emotions without using words!"