

## Objective

By the end of this lesson, Daniella and Alisia will have a better understanding of the concept of charity, specifically focusing on the "Children in Need" initiative. They will learn how they can contribute to helping others, develop empathy, and express their thoughts through creative writing and art.

## Materials and Prep

- Paper and colored pencils or markers
- Notebook or journal for writing
- Access to a computer or tablet (optional for research)
- Time for discussion and reflection

Before the lesson, it would be helpful to familiarize yourself with what "Children in Need" is and some of the activities they do. This will provide context for the activities and discussions.

## Activities

- **Discussion on Charity:** Start with a conversation about what charity means. Ask Daniella and Alisia questions like, "What do you think it means to help others?" and "Why is it important to support those in need?" This will set the stage for understanding the purpose of "Children in Need."
- **Creative Writing:** Have them write a short story or a poem about a character who helps others. Encourage them to think about how their character feels and what motivates them to help. This will help them express their thoughts and feelings about charity.
- **Art Project:** Let them create a poster that promotes "Children in Need." They can include drawings, slogans, and ways people can help. This will allow them to express their creativity while learning about the importance of charity.
- **Reflection Time:** End the lesson with a reflection where they can share their stories and artwork. Ask them how they felt during the activities and what they learned about helping others.

## Talking Points

- "Charity means helping others who are in need. Can you think of a time when you helped someone?"
- "'Children in Need' is a special program that helps children who don't have enough food, clothes, or a safe place to live. Isn't it nice to know we can make a difference?"
- "When we help others, it makes us feel good inside. Why do you think that is?"
- "Creating art or writing can be a powerful way to share messages. What message do you want to share about helping others?"
- "You can help by spreading awareness about 'Children in Need'. How can you tell your friends about it?"
- "Helping others doesn't always mean giving money. It can be about giving your time or even just being kind. What are some ways you can be kind?"
- "Every little bit helps! Even small actions can make a big difference. Can you think of a small

action you can take?"

- "Empathy is understanding how others feel. Why is it important to understand how someone else feels?"
- "We all have the power to make the world a better place. What is one thing you want to do to help others?"
- "Remember, working together can make a bigger impact. How can you team up with your friends to help?"