

Objective

By the end of this lesson, the student will be able to create their own simple rhymes, games, and songs. They will also learn how to compose a short piece of music using their voice and body, encouraging creativity and self-expression.

Materials and Prep

- No special materials are needed; just a fun and open mind!
- Prepare a comfortable space where the student can move freely and feel inspired.
- Be ready to sing, clap, and make silly sounds together!

Activities

1. Rhyme Time!

Start by saying a simple word like "cat." Ask the student to think of words that rhyme with it, such as "hat," "bat," or "mat." Encourage them to come up with silly combinations and create a short rhyme together!

2. Musical Movement Game

Play a game where you clap a rhythm and the student has to repeat it. Then switch roles! You can also add in fun movements, like jumping or spinning, to make it more exciting.

3. Song Creation

Help the student create a simple song using a familiar tune, like "Twinkle, Twinkle, Little Star." Change the words to be about their favorite animal or toy. Sing it together for fun!

4. Body Percussion

Make music using your body! Clap your hands, stomp your feet, and snap your fingers to create a rhythm. Encourage the student to come up with their own beats and sounds.

5. Compose a Short Piece

Let the student create a short musical composition using their voice. They can use different pitches and rhythms to tell a story or express how they feel. Celebrate their creation by performing it together!

Talking Points

- "What words can you think of that sound the same? Let's make a silly rhyme!"
- "Can you clap this rhythm back to me? Great job! Now let's make our own!"
- "Let's change the words to this song! What do you want to sing about?"
- "How can we make music with our bodies? Let's try clapping and stomping!"
- "You just made your own song! How does it feel to create music?"