

## Objective

By the end of this lesson, Rhonda will have the knowledge and skills to build her own herb boxes, understand the benefits of growing herbs, and be able to care for them to ensure a thriving garden.

## Materials and Prep

- Wooden planks (for the structure of the herb boxes)
- Nails or screws (for assembly)
- Hammer or screwdriver
- Soil (for planting herbs)
- Herb seeds or small herb plants (like basil, parsley, or mint)
- Watering can or hose
- Gardening gloves (optional, for comfort)

Before starting the lesson, ensure you have a safe and comfortable workspace. Familiarize yourself with basic woodworking techniques if necessary.

## Activities

### • Design Your Herb Box:

Rhonda can start by sketching her ideal herb box. She can think about the size, shape, and how many different herbs she wants to grow. This creative process will help her visualize her project.

### • Building the Herb Box:

Using the materials listed, Rhonda will assemble her herb box. She can measure and cut the wood, then nail or screw the pieces together. This hands-on activity will enhance her woodworking skills.

### • Planting Herbs:

Once the box is built, Rhonda will fill it with soil and plant her chosen herbs. She can learn about the specific needs of each herb and how to space them properly for optimal growth.

### • Care and Maintenance:

Rhonda can create a simple care schedule for her herbs, including watering, sunlight needs, and harvesting tips. This will help her stay organized and ensure her herbs thrive.

## Talking Points

- "Building your own herb boxes is a rewarding project that allows you to grow fresh herbs right at home, enhancing your cooking and health."
- "Herbs like basil and parsley not only add flavor to your meals but also have numerous health benefits, making them a great choice for your garden."
- "As you work on your herb box, remember that gardening is a wonderful way to connect with nature and enjoy some physical activity."
- "Consider the sunlight and water needs of each herb; some may prefer full sun while others thrive in partial shade."
- "Don't be afraid to experiment! Gardening is a learning process, and you'll discover what works best for you and your herbs."