

## Objective

By the end of this lesson, the student will be able to play hopscotch while improving their balance, coordination, and counting skills. They will also learn how to take turns and follow rules in a fun and engaging way.

## Materials and Prep

- No materials are needed for this lesson, just an open space to draw hopscotch squares.
- Before the lesson, make sure you have a flat area where you can draw the hopscotch pattern on the ground.
- Know the basic rules of hopscotch to explain to the student.

## Activities

- **Draw the Hopscotch Board:**

Start by drawing a hopscotch board on the ground. Use chalk or simply mark the squares with your foot. Make sure to explain the layout of the squares and numbers.

- **Learn the Rules:**

Go over the rules of hopscotch, such as how to throw the stone, hop on one foot, and what to do if you miss a square.

- **Play a Game:**

Take turns playing hopscotch. Encourage the student to count out loud as they hop from square to square.

- **Add Challenges:**

Make the game more fun by adding challenges, like hopping on one foot or doing a silly dance between squares.

- **Creative Hopscotch:**

Let the student create their own hopscotch pattern with different shapes or colors. This encourages creativity and personal expression.

## Talking Points

- "Hopscotch is a fun game that helps us practice our balance and coordination!"
- "Can you count the numbers on the hopscotch board? Let's count together!"
- "When you throw the stone, aim for the first square. Can you do it?"
- "What happens if you miss a square? That's okay! Just try again!"
- "Let's see who can hop the farthest without falling!"
- "How can we make our hopscotch game even more fun? Maybe we can add some silly moves!"