

## Objective

By the end of this lesson, the student will understand what germs are, the different types of germs, how they affect people, and the importance of hygiene in preventing the spread of germs.

## Materials and Prep

- Paper and colored pencils or markers
- A clean jar with a lid (to create a "germ jar")
- Access to a sink (for hygiene activities)
- Hand soap
- Water

Before the lesson, make sure to discuss with the student what they already know about germs. This will help tailor the activities to their current understanding.

## Activities

- **Germ Drawing:**

The student will draw different types of germs, such as bacteria, viruses, and fungi. They can use their imagination to create colorful and funny-looking germs!

- **The Germ Jar:**

Using the jar, the student can pretend to collect "germs" by adding small items like beads or paper clips. They will label the items as different types of germs and discuss how they can affect our health.

- **Hand Washing Experiment:**

The student will wash their hands with soap and water, then observe how clean their hands feel. They can compare it to when they don't wash their hands, emphasizing the importance of hygiene.

- **Germ Storytime:**

Have a fun reading session where the student can read a short story or watch a video about germs and how they spread. Afterward, discuss what they learned.

## Talking Points

- "Germs are tiny living things that can make us sick, but not all germs are bad!"
- "There are different types of germs: bacteria, viruses, fungi, and parasites. Each one can affect us in different ways!"
- "Bacteria are like little helpers sometimes! For example, some bacteria help us digest food."
- "Viruses are trickier because they can only live inside our bodies and use our cells to make more viruses."
- "Fungi can be found in places like bread and can sometimes cause infections."
- "Washing our hands is super important to keep germs away! We should wash our hands before

eating and after playing."

- "Using soap helps get rid of germs better than just using water alone!"
- "Remember, not all germs are bad, but we should still be careful to keep ourselves healthy!"