

Objective

By the end of this lesson, Kareem will understand how Elon Musk manages his time effectively to balance multiple high-demand projects. He will learn practical time management strategies that he can apply in his own life.

Materials and Prep

- Notebook and pen for note-taking
- Timer (can use a phone or any clock)
- Access to a computer or tablet for research (optional)
- Printed quotes from Elon Musk (optional)

Before the lesson, familiarize yourself with basic information about Elon Musk's life, his work with companies like Tesla and SpaceX, and his approach to time management. It might be helpful to have some of his quotes handy to inspire Kareem.

Activities

- **Time Tracking Exercise:** Kareem will track how he spends his time over the course of a day. He will use a timer to see how long he spends on each activity. This will help him identify areas where he can improve his time management.
- **Creating a Daily Schedule:** After tracking his time, Kareem will create a daily schedule that includes time for schoolwork, hobbies, and relaxation. He can use Elon Musk's method of blocking out time for specific tasks.
- **Discussion on Prioritization:** Kareem will write down his top three priorities for the week and discuss how prioritizing tasks can lead to better time management. He can relate this to how Elon Musk prioritizes his projects.
- **Quote Reflection:** Kareem will read and reflect on a few quotes from Elon Musk about time management and productivity. He can write down what each quote means to him and how he might apply it in his life.

Talking Points

- "Elon Musk is known for working on several big projects at once. How do you think he keeps track of everything?"
- "Musk often talks about the importance of time blocking. This means he sets aside specific times for different tasks. Can you think of a way to use this in your own schedule?"
- "He believes that prioritizing tasks is key. If you have a big project, what smaller tasks could you do first to make it easier?"
- "Elon is famous for saying, 'I think it's very important to have a feedback loop, where you're constantly thinking about what you've done and how you could be doing it better.' What do you think this means?"
- "Time management isn't just about working hard; it's also about making time for things you enjoy. What activities do you want to make time for in your schedule?"
- "Musk often emphasizes the importance of learning quickly from mistakes. Can you think of a mistake you've made and what you learned from it?"