

Objective

By the end of this lesson, Gabriella will be able to identify and label basic body parts, enjoy singing the "Head, Shoulders, Knees, and Toes" song, and engage in a fun mix-and-match activity to reinforce her understanding of body parts.

Materials and Prep

- None required - all activities can be done with Gabriella's body and voice!

Activities

- **Sing "Head, Shoulders, Knees, and Toes"**

Start by singing the song together. Encourage Gabriella to touch each body part as it's mentioned in the song. Repeat the song several times, increasing speed to make it more fun!

- **Label Body Parts**

Point to different body parts on Gabriella and say their names clearly. For example, say "This is your head!" and encourage her to repeat after you. Make it a fun game by pointing to her body parts and asking, "Where's your nose?"

- **Mix and Match Body Parts**

Use your imagination to mix and match body parts! For instance, pretend to have a big head with tiny feet or a little nose with big hands. Encourage Gabriella to giggle and join in on the fun!

Talking Points

- "Can you touch your head? Great job!"
- "Where are your shoulders? Can you show me?"
- "Let's find our knees! Can you bend down?"
- "Look at your toes! Wiggle them for me!"
- "Let's sing together! Head, shoulders, knees, and toes!"
- "What if we had a big head and little feet? Silly, right?"