

Objective

By the end of this lesson, the student will have a basic understanding of Emergency Medical Services (EMS), including the roles of EMS personnel, common emergency medical procedures, and the importance of quick response in emergencies.

Materials and Prep

- Paper and colored pencils or markers
- Access to a computer or tablet for research (optional)
- First aid kit (for demonstration)
- Space to move around for role-playing activities

Before the lesson, it would be helpful to familiarize yourself with basic first aid concepts and the roles of EMS personnel, such as EMTs and paramedics.

Activities

- **Role-Playing Scenarios:**

The student will act out different emergency scenarios, such as a person fainting or a sprained ankle. They will take turns being the EMS personnel and the patient, discussing how to assess the situation and provide care.

- **Create an EMS Poster:**

The student will create a colorful poster that explains what EMS is, the roles of EMS workers, and some basic first aid tips. This will help them organize their thoughts and present the information visually.

- **First Aid Basics:**

Using a first aid kit, the student will learn about common items found in the kit and their uses. They can practice how to properly clean a wound or apply a bandage on a stuffed animal.

- **Emergency Call Simulation:**

The student will practice making an emergency call to 911, learning how to clearly communicate the situation and what information to provide. They can practice with a family member or friend acting as the dispatcher.

Talking Points

- "What do you think EMS stands for? That's right! It stands for Emergency Medical Services, and they help people when they are hurt or sick."
- "Can you imagine what it's like to be an EMT? They need to be ready to help people at any moment, just like superheroes!"
- "Why do you think it's important to stay calm in an emergency? Staying calm helps you think clearly and make better decisions."
- "What do you think is the most important thing to do when you see someone who is hurt? Yes!

Calling for help is super important!"

- "Did you know that knowing basic first aid can help save lives? It's like having a superpower!"
- "What would you include in your own first aid kit? Remember, it's important to have things that can help in emergencies!"