

Objective

By the end of this lesson, the student will explore different forms of art, express their creativity through various activities, and gain a better understanding of how art can be a fun way to communicate feelings and ideas.

Materials and Prep

- Paper (any kind)
- Crayons or colored pencils
- Scissors (with adult supervision)
- Glue (optional)
- Old magazines or newspapers for collage (optional)
- Open space for movement

Before the lesson, ensure the student has a comfortable workspace and all materials are within reach. It's also helpful to have a few examples of different art styles ready to discuss.

Activities

• Color Exploration:

Start by having the student pick their favorite colors and create a colorful drawing. Encourage them to use different shapes and patterns. Ask them to explain what their drawing represents.

• Nature Collage:

If possible, go outside and collect leaves, flowers, or interesting textures. Then, create a collage using these items along with paper and glue. Discuss how nature can inspire art.

• Movement Dance:

Play some music and encourage the student to dance freely. After dancing, have them draw how they felt while dancing. This connects movement and art.

• Art Gallery Walk:

Create a mini art gallery by displaying their artworks around the room. Let them walk around and describe each piece as if they were an artist explaining their work.

Talking Points

- "Art is a way to show how we feel inside!"
- "Colors can make us feel happy, sad, or excited. What do you think this color means?"
- "Nature is full of beautiful things. What do you see outside that we can use for our art?"
- "Dancing is like painting with our bodies! How does moving make you feel?"
- "Every artist has their own style. What makes your art special?"
- "Let's pretend we're in a real art gallery! How would you tell someone about your artwork?"