

Objective

By the end of this lesson, you will be able to understand the concept of violence and its impact on individuals and society.

Materials and Prep

- Paper
- Pencils or crayons

No prior knowledge is required for this lesson.

Activities

1. Activity 1: Draw and Describe

Ask the student to draw a picture of something that represents violence to them. It can be a scene, an object, or a character. After they have finished drawing, have them write a short description of their drawing, explaining why they chose it and how it relates to violence.

2. Activity 2: Positive Alternatives

Discuss with the student the importance of finding positive alternatives to violence. Ask them to think of three different situations where they might feel angry or upset, and have them come up with non-violent ways to handle those situations. Encourage creativity and problem-solving.

3. Activity 3: Empathy and Understanding

Read a story or show a short video that highlights the negative consequences of violence. Afterward, engage in a discussion with the student about the characters' feelings and the impact of their actions on others. Encourage empathy and understanding.

First Grade Talking Points

- "Violence means hurting others or causing harm."
- "Violence can be physical, like hitting or fighting, or it can be verbal, like saying mean things."
- "When we choose violence, it can hurt others and make them feel sad or scared."
- "It's important to find peaceful ways to solve problems and express our feelings."
- "Being kind and understanding can help prevent violence and create a safer and happier community."