

Objective

By the end of this lesson, David will be able to identify the colors of the rainbow, understand how rainbows are formed, and engage in creative activities related to rainbows.

Materials and Prep

- No specific materials are needed for this lesson, just your imagination and enthusiasm!
- Be prepared to talk about colors and nature.
- Know a simple explanation of how rainbows are formed (light and water).

Activities

- **Rainbow Colors Song:**

Sing a fun song about the colors of the rainbow together. Use hand motions for each color to make it interactive and memorable!

- **Color Hunt:**

Go on a color hunt around the house or yard. Ask David to find objects that match the colors of the rainbow: red, orange, yellow, green, blue, indigo, and violet!

- **Rainbow Dance:**

Play some music and have a rainbow dance party! Each color can have its own dance move. For example, "red is fast, blue is slow".

- **Story Time:**

Read a short story about rainbows, or make up a fun story together about a magical rainbow adventure!

Talking Points

- "David, do you know what colors are in a rainbow? Let's sing a song to remember them!"
- "Rainbows happen when sunlight shines through raindrops. Isn't that cool?"
- "What color do you see the most? Can you find something in your room that is that color?"
- "If you could slide down a rainbow, where would you go? Let's make up a story about it!"