## Objective

By the end of this lesson, Gaby will have a deeper understanding of child development stages, the various influences on development, and how these factors can shape a child's growth and behavior. Gaby will also engage in fun activities that help reinforce these concepts through creativity and reflection.

## **Materials and Prep**

- Paper and colored pencils or markers
- Access to a quiet space for discussion and activities
- Timer or stopwatch
- Notebook for reflection and notes

Before the lesson, it's helpful to have a basic understanding of the different stages of child development (infancy, early childhood, middle childhood, and adolescence) and the influences that can affect these stages (family, culture, environment, etc.).

# Activities

### • Development Timeline Creation

Gaby will create a visual timeline that highlights the key stages of child development. She can draw or use colored pencils to illustrate important milestones such as walking, talking, and starting school. This will help her visualize the progression of development over time.

#### • Influence Mapping

In this activity, Gaby will draw a mind map that shows various influences on child development. She can include categories like family, friends, culture, and education, and write down specific examples of how each influence can impact a child's growth.

### • Role-Playing Scenarios

Gaby will engage in role-playing different scenarios that illustrate how various influences can affect a child's development. For example, she can act out a situation where a child faces challenges at home versus a supportive environment. This will help her understand the realworld implications of developmental influences.

### **Talking Points**

- "Child development is like a journey with different stages. Each stage has its own unique milestones!"
- "Did you know that a child's environment can shape who they become? Family, culture, and friends all play a big part!"
- "Think about how you learned to walk or talk. Those are crucial milestones that every child goes through!"
- "Why do you think some kids develop skills faster than others? Let's explore the influences together!"
- "Imagine a child growing up in a loving home versus one that is neglectful. How do you think that would affect their development?"
- "Every child is unique, and their development can be influenced by many factors, including their experiences and relationships."
- "Understanding child development helps us support children better. What are some ways we

can help kids grow?"