

Objective

By the end of this lesson, Brodi will have a solid understanding of basic guitar theory, including scales, chords, and how to apply them in playing techniques. He will also learn how to create a simple melody using the concepts covered.

Materials and Prep

- Acoustic or electric guitar
- Guitar tuner (if necessary)
- Notebook and pen for taking notes
- Access to a metronome (can be a phone app)
- Basic knowledge of how to read tablature

Activities

- **Warm-up with Scales:** Start the lesson by practicing the major and minor scales. Spend about 10 minutes playing through these scales to get comfortable with finger placement and coordination. This will help improve Brodi's dexterity and familiarity with the fretboard.
- **Chord Progression Challenge:** Create a simple chord progression using the chords learned previously. Brodi can choose 3-4 chords to play in a loop and practice transitioning between them smoothly. This will help him understand how chords work together in music.
- **Melody Creation:** Using the scales and chords practiced, Brodi will create a simple melody. Encourage him to experiment with different notes and rhythms to find a sound he likes. This activity will foster creativity and reinforce the theory learned.
- **Play Along with a Song:** Choose a simple song that uses the chords Brodi has practiced. He can play along, focusing on timing and rhythm. This will help him apply his skills in a real-world context and develop his ear for music.

Talking Points

- "Understanding scales is like having a toolbox; they give you the tools to create music!"
- "Chords are the building blocks of songs. When you learn how to play them, you can play thousands of songs!"
- "When creating a melody, think of it as telling a story with music. What do you want to express?"
- "Practice transitioning between chords slowly at first. Speed will come naturally as you get more comfortable!"
- "Using a metronome helps you keep time. It's like having a drummer in your pocket!"
- "Don't be afraid to make mistakes. Every great guitarist has had their fair share of flubs!"
- "Listening to music can teach you a lot. Pay attention to how different artists use chords and melodies!"
- "Try to play along with your favorite songs. It's a fun way to practice and learn!"
- "Remember, the more you practice, the more natural it will feel to play!"
- "Think of your guitar as an extension of yourself. The more you connect with it, the better you'll play!"
- "Experiment with different styles of music. Each genre has its own unique techniques!"

- "Playing guitar is not just about technique; it's also about expressing yourself and having fun!"
- "Always warm up before playing. It helps prevent injury and prepares your fingers!"
- "Record yourself playing. It's a great way to track your progress and see how far you've come!"
- "Set small goals for each practice session. Achieving these will keep you motivated!"