

## Objective

By the end of this lesson, the student will understand the rules of the "Red Light, Green Light" game and will have practiced their listening skills, body control, and creativity through art and movement activities.

## Materials and Prep

- No additional materials are needed.
- Ensure a safe space for movement, free from obstacles.
- Prepare to explain the game rules clearly and demonstrate the movements.

## Activities

- **Red Light, Green Light Game:** Start by explaining the game rules. When you say "Green Light," the student can move towards you. When you say "Red Light," they must freeze. This activity helps with listening skills and body control.
- **Creative Movement:** After playing the game, encourage the student to come up with their own movements for "Green Light" (like hopping or spinning) and "Red Light" (like crouching or jumping). This fosters creativity and self-expression.
- **Artistic Expression:** After the physical activities, have the student draw their favorite part of the game. They can use crayons or markers to illustrate what they enjoyed most, enhancing their fine motor skills and creativity.

## Talking Points

- "What do you think happens when I say 'Green Light'? Yes! You move!"
- "And when I say 'Red Light,' what do you do? That's right! You freeze like a statue!"
- "Can you show me a fun way to move during 'Green Light'? How about hopping or dancing?"
- "Now, let's draw what we loved about playing the game. What was your favorite part?"