

Objective

By the end of this lesson, Nadia will be able to identify and describe her daily routine, understand the importance of each activity, and create a visual representation of her routine to help organize her day effectively.

Materials and Prep

- Paper
- Pencil or colored markers
- A clock (or a drawing of a clock)
- Optional: Stickers or stamps for decoration

Before starting the lesson, ensure that Nadia is familiar with the basic concepts of time and can identify key parts of her daily routine such as waking up, meals, schoolwork, and bedtime.

Activities

- **Activity 1: Daily Routine Brainstorm** - Start by asking Nadia to list all the activities she does in a typical day. This can include waking up, eating breakfast, doing schoolwork, playing, and going to bed. Encourage her to think about the order of these activities.
- **Activity 2: Create a Daily Schedule** - Using the list from the brainstorming session, have Nadia create a visual daily schedule. She can draw a clock and place the activities at the corresponding times. This can be done on paper and decorated with colors and stickers!
- **Activity 3: Role-Playing** - To make it fun, engage in a role-playing game where Nadia acts out different parts of her routine. For example, pretend to be having breakfast or doing a school subject. This will help her understand the flow of her day.
- **Activity 4: Reflection** - At the end of the lesson, ask Nadia to reflect on her routine. What does she enjoy the most? Is there anything she would like to change? This will help her think critically about her daily activities.

Talking Points

- "Why do you think having a daily routine is important?"
- "Can you tell me what activities you look forward to the most each day?"
- "How does knowing what comes next help you feel more organized?"
- "What are some things you think you might want to add or change in your routine?"
- "How can we use a visual schedule to help remind us of our daily activities?"