

Let's Learn '1, 2, Buckle My Shoe'!

Warm-up (5 minutes):

Let's warm up our voices and bodies! Can you wiggle your fingers? Can you stomp your feet? Great! Now, let's count to 10 together: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10!

Introducing the Rhyme (10 minutes):

Today we have a super fun rhyme called '1, 2, Buckle My Shoe'. Have you heard it before? Let's listen! I will say it first, and you can listen or try to do the actions with me.

(Recite the rhyme slowly with exaggerated actions):

- **1, 2, Buckle my shoe;** *(Pretend to buckle shoes)*
- **3, 4, Knock at the door;** *(Pretend to knock)*
- **5, 6, Pick up sticks;** *(Pretend to pick up sticks)*
- **7, 8, Lay them straight;** *(Pretend to lay sticks down neatly)*
- **9, 10, A big fat hen!** *(Flap arms like a chicken)*

Let's try it together a few times! Make sure to do the fun actions!

Rhyme Time Fun (5 minutes):

Did you hear words that sound the same? Let's see...

- What sounds like 'two'? ... 'Shoe'!
- What sounds like 'four'? ... 'Door'!
- What sounds like 'six'? ... 'Sticks'!
- What sounds like 'eight'? ... 'Gate' (or 'Straight'!)
- What sounds like 'ten'? ... 'Hen'!

Those are rhyming words! They sound alike at the end.

Counting Practice (5 minutes):

The rhyme helps us count! Let's count the numbers in the rhyme again: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10. Can you show me 2 fingers? How about 4 fingers? Now 10 fingers!

Activity: Shoe Craft or Lacing (10-15 minutes):

Let's make something fun related to our rhyme!

Option 1: Draw and Decorate a Shoe. Draw the outline of a shoe on paper. Let the child decorate it. You can even punch holes along the edges and practice 'lacing' with yarn.

Option 2: Real Shoe Practice! If available, use a real shoe with laces or buckles and practice buckling or tying.

Option 3: Stick Laying. Gather some craft sticks or real twigs (make sure they are safe) and practice laying them straight, just like in the rhyme!

Wrap-up (5 minutes):

You did such a great job today! Let's sing '1, 2, Buckle My Shoe' one more time with all our energy and actions! What was your favorite part? Maybe we can find a big fat hen picture later!