

# Our Amazing Earth: Planting Seeds for Earth Day!

Let's celebrate Earth Day by learning about plants and writing about our wonderful planet!

## Introduction: What is Earth Day? (10 mins)

Let's talk about Earth Day! When is it? (April 22nd). What do you think Earth Day is all about? (Discuss ideas: celebrating our planet, taking care of it, recycling, planting trees, etc.). Why is it important to take care of our Earth? (Discuss resources, keeping it clean for animals and people).

*Optional: Read a short book or watch a quick educational video about Earth Day.*

## Activity 1: Plant Power! (Science Focus - 20 mins)

Today, we're going to become plant parents! Plants are amazing helpers for our Earth. Why do you think plants are important? (Discuss: they make oxygen for us to breathe, provide food, homes for animals, help keep soil in place, look beautiful).

What do tiny seeds need to grow into big plants? Let's think:

- **Soil:** Provides nutrients and holds the plant up.
- **Water:** Helps the seed wake up and carries nutrients.
- **Sunlight:** Gives the plant energy to make its own food (photosynthesis).
- **Air:** Plants need air too!

Let's plant our seeds! Follow these steps:

1. Fill your pot or cup about 3/4 full with soil.
2. Gently poke a small hole in the center of the soil (about fingernail deep).
3. Place 1-2 seeds in the hole.
4. Cover the seeds gently with a little more soil.
5. Water the soil lightly " just enough to make it damp, not soaking wet.
6. Place your pot in a sunny spot (like a windowsill).

Remember to check your plant every day and give it a little water when the soil feels dry. Let's see whose sprout pops up first!

## Activity 2: Words for Our World (English Focus - 20 mins)

Now that we've helped the Earth by planting a seed, let's use our words to celebrate our planet!

Think about the seed you just planted. Imagine it growing. What would it look like? What colors might you see? How would the stem feel? Or, think about another way you can help the Earth (like recycling, saving water, picking up litter).

**Your Task:** Write a short story or a descriptive paragraph (3-5 sentences) about either:

1. Your seed growing into a plant. Use words to describe how it looks, feels, and grows.
2. One special way you promise to help Planet Earth. Describe what you will do and why it's

important.

Try to use colorful describing words (adjectives)! For example, instead of 'a green leaf', try 'a tiny, bright green leaf'. Instead of 'I will recycle cans', try 'I will carefully recycle shiny aluminum cans'.

You can also draw a picture to go with your writing!

## **Conclusion: Earth Heroes! (5 mins)**

Great job today, Earth Heroes! What did we learn about plants? (Review needs: soil, water, sun). What is one important reason to celebrate Earth Day? (Review taking care of our planet). Let's share our amazing stories/paragraphs and drawings. Remember to take care of your new plant and keep finding ways to help our beautiful Earth every day!