

# Channel Your Inner Striker: Setting Goals Blue Lock Style!

**Materials Needed** are listed above the lesson plan.

## Lesson Activities:

### 1. Warm-up: Blue Lock Brainstorm (5-10 minutes)

- Let's talk about Blue Lock! Who are some of your favorite characters?
- What is the main goal of everyone in the Blue Lock project? (To become the world's best striker!)
- What does the series mean by a player's 'ego'? (Think about their unique talent, drive, or intense desire to win/score goals in their own way).

### 2. Character Goal Deep Dive (10-15 minutes)

- Choose 1-2 favorite characters (like Isagi, Bachira, Nagi, Rin, etc.).
- Discuss: What specific goal does this character have right now in the story (or a specific moment you remember)?
- How does their special skill or 'ego' help them try to reach that goal? For example, how does Isagi use his spatial awareness? How does Bachira use his dribbling and 'monster'?
- Talk about how their intense focus helps them overcome challenges.

### 3. My Blue Lock Mission: Define Your Goal! (10-15 minutes)

- Think about something YOU want achieve. It doesn't have to be about sports! It could be learning a new drawing technique, finishing a challenging book, getting better at a video game, or learning a specific math skill.
- Choose ONE goal that you can work on maybe this week or this month (a short-term goal).
- On your paper, write down or draw a picture representing your goal. Make it feel like your own 'Blue Lock Mission'! Title it: "My Goal".

### 4. The First Play: Identify Your Action! (5-10 minutes)

- In Blue Lock, players have to figure out the best \*first move\*. What is the very first, small step you need to take to start working towards your goal?
- Examples: If your goal is to learn a drawing technique, the first step might be 'Find a tutorial video'. If your goal is to finish a book, the first step might be 'Read chapter 1 today'.
- On your paper, below your goal, write or draw this very first step. Title it: "My First Step".

### 5. Wrap-up: Share Your Strategy (5 minutes)

- Share the goal and the first step you wrote/drew.
- Discuss: How does having a clear goal and knowing the first step feel? Does it feel more possible, like how the Blue Lock players focus on their next play?
- Remember: Just like the Blue Lock players train and focus, breaking down your goals into small steps makes them easier to achieve! You've got your own 'ego' or unique way to tackle your goals!