# Mythic Mashup: Forge Your Own Legendary Hero!

Welcome, Indie, to a world of gods, monsters, and epic adventures! Today, you're not just going to learn about heroes – you're going to create one!

# Part 1: What Makes a Hero? (Approx. 30-45 minutes)

Many heroes from myths around the world share common traits or follow similar paths. This is sometimes called the 'Hero's Journey.' Let's explore some key ideas:

- The Call to Adventure: Something happens that pulls the hero away from their ordinary life.
- **Supernatural Aid/Mentor:** The hero often receives help from a wise old figure, a god, or a magical object.
- Trials and Challenges: Heroes face tests, monsters, or difficult tasks that prove their worth.
- Special Powers or Abilities: Many heroes have unique skills, weapons, or divine heritage.
- A Grand Quest: Often the hero is trying to achieve a significant goal, save someone, or restore balance.

#### **Activity 1: Hero Deep Dive**

Think about some heroes you already know from myths (e.g., Hercules/Heracles, Perseus, Thor, Mulan, Anansi, Maui). Choose two heroes from *different* mythologies (e.g., one Greek, one Norse, or one Egyptian, one Chinese).

Using your books or the internet (with adult supervision for safe searching), research:

- 1. What was their 'call to adventure'?
- 2. Did they have a mentor or supernatural aid?
- 3. What major trials did they face?
- 4. What were their special powers or important items?
- 5. What was their main quest or achievement?

In your notebook, jot down your findings for both heroes. Do you see any similarities in their stories, even if the details are different?

### Part 2: Brainstorm Your Hero! (Approx. 45-60 minutes)

Now it's YOUR turn to become a myth-maker! Let's design a brand-new hero. Think about these questions to get started:

#### Hero Profile Brainstorm:

- Name: What will your hero be called? Does it have a special meaning?
- Origin/Backstory:
  - Which mythology or world does your hero belong to (e.g., Greek, Norse, Egyptian, a new one you invent!)?
  - $\circ\,$  Are they human, demigod, a magical creature, or something else?
  - What was their early life like?
  - What event was their 'Call to Adventure'?
- Appearance: What do they look like? Any distinguishing features? (Feel free to sketch this!)
- Powers/Abilities:
  - $\circ$  What special skills, magical powers, or divine gifts do they possess? (e.g., super

strength, control over an element, ability to talk to animals, wisdom)
Are these powers innate, learned, or granted?

- **Special Possessions:** Do they have a magical weapon, enchanted armor, or a unique artifact? Describe it!
- **Personality:** Are they brave, clever, kind, impulsive, quiet? What are their strengths and weaknesses as a character?
- Allies & Mentors: Who helps them on their journey? A wise god/goddess, a mythical creature, a loyal friend?
- Enemies & Obstacles: Who or what stands in their way? A monstrous beast, a rival god, a tricky villain?
- **Their Big Quest:** What is the main goal your hero is trying to achieve? (e.g., retrieve a stolen artifact, defeat a terrible monster, save their people, discover a hidden truth).

Use your notebook to jot down ideas for each of these categories. Don't worry about making it perfect yet, just get your ideas flowing!

## Part 3: Bring Your Hero to Life! (Approx. 60-90 minutes)

Now, let's flesh out your hero! Choose one or more of the following ways to present your creation:

- 1. Write a Hero Profile: Create a detailed profile sheet for your hero using the brainstorm questions as headings. Add as much detail as you can.
- 2. **Draw Your Hero:** Create a detailed drawing of your hero, perhaps in action or with their special items. You can add labels pointing out their key features or powers.
- 3. **Tell Their Tale:** Write a short story (1-2 pages) about an important moment in your hero's life perhaps their call to adventure, a major trial, or how they acquired their powers.

You can even combine these - for example, a written profile with a drawing!

### Part 4: Share Your Legend (Optional - 15 minutes)

If you're up for it, share your hero with someone! Tell them about:

- Your hero's name and their most exciting power.
- The biggest challenge they might face.
- What makes your hero unique and interesting.

Think about what makes a story engaging. How would you tell your hero's myth to capture someone's imagination?

### Wrap-up:

Great job today, myth-maker! You've explored the building blocks of heroic tales and created a brand-new legend. Heroes in mythology often teach us about courage, perseverance, and the challenges of life. What do you think your hero's story might teach others?

Remember, myths are always evolving. Maybe your hero will have more adventures in the future!