# Aria's Awesome Outdoor Adventure: Shelter Craft Challenge!

## **Essential Gear (Materials Needed):**

- For Brainstorming & Design:
  - Notebook or sketchpad
  - Pencils, pens, or markers
- For Building Your Model Shelter (choose what's available and safe):
  - Natural materials (collect responsibly with an adult if outdoors): Small twigs/sticks, fallen leaves, grass, pine needles, small stones
  - Household materials: Cardboard scraps, string or twine, old fabric scraps (e.g., felt, old tshirt), aluminum foil, plastic wrap, tape (masking or duct), clothespins, paper straws, craft sticks
  - A small action figure or toy to represent the shelter's occupant (optional, for scale)
- Safety First:
  - Adult supervision and guidance, especially if collecting materials outdoors or using cutting tools (if any are deemed necessary and approved).
  - Work gloves if handling rough materials.

## **Lesson Adventure: Building Your Survival Shelter**

### Part 1: The 'Why' and 'How' of Shelters (15-20 minutes)

Imagine this, Aria: You're exploring a new trail, the scenery is amazing, but somehow you've taken a wrong turn, and the sun is starting to set. It's getting chilly! One of your top priorities? Shelter! Why is shelter so important in a survival situation?

Let's discuss: (Think about protection from rain, wind, sun, cold, and even insects!)

#### Key Principles for a Super Shelter - Remember P.L.A.C.E.S.!

- P Protection: Does it shield you from wind, rain, snow, and direct sun?
- L Location: Is it safe? Avoid dangers like falling branches, flash flood areas, or insect nests. Is it near useful resources (like dry leaves for insulation) but not \_too\_ close to potential hazards?
- A Access: Can you get in and out easily?
- C Conservation (of Body Heat): Is it small enough to warm up with your body heat but large enough to fit in? Good insulation (from the cold ground and air) is key!
- E Efficiency: Can it be built with minimal energy and available materials?
- S Stability: Will it stand up to wind or a bit of rain?

#### **Quick Brainstorm: Shelter Types!**

Think about basic shapes. A simple lean-to (one sloping roof against a support), an A-frame (like a triangle tent), or a debris hut (a frame covered thickly with leaves and debris for insulation). What are the pros and cons of each?

#### Part 2: Aria's Shelter Design Studio (20-30 minutes)

Now for the creative part! You're going to design a miniature emergency shelter. Your challenge:

- 1. **Choose your 'environment':** Will your shelter be for a pretend forest, a windy backyard, or a 'desert island' (your room)? This might influence your design!
- 2. **Sketch it out:** In your notebook, draw your shelter design. Label the parts and think about:
  - What materials (from your list) will you use for different parts?
  - How will it provide P.L.A.C.E.S.?
  - How will you make it stable?
  - What creative touches can you add to make it 'Aria-special' and effective?
- 3. **Materials Check:** Look at your design and the materials you have. Do you need to adjust your design based on what's available? Problem-solving is a key survival skill!

#### Part 3: Construction Zone! (45-60 minutes)

Time to build! Using your design and chosen materials, construct your model shelter. Remember:

- Take your time.
- If something isn't working, adapt! Real survival often means changing plans.
- Focus on making it as functional as possible according to the P.L.A.C.E.S. principles.
- Have fun with the creative process! How can you make it unique?

#### Part 4: Shelter Showcase & Survival Debrief (15-20 minutes)

Great job on your construction! Now, let's talk about your amazing creation:

- Present your shelter: Tell me about its name (if it has one!). What type of shelter is it?
- **Material Choices:** What materials did you use and why did you choose them for specific parts (e.g., roof, walls, insulation)?
- P.L.A.C.E.S. Check: How does your shelter address each of the P.L.A.C.E.S. principles we discussed?
- Challenges & Triumphs: What was the trickiest part of designing or building it? What part are you most proud of?
- **Real-World Scaling:** If you were to build a full-sized version of this for yourself in a real (but safe and supervised) situation, what would you do the same? What would you do differently? What other materials might you look for in nature?
- **Creative Spark:** What's one innovative feature of your shelter that you think is particularly clever or useful?

#### **Safety Reminder:**

This is a super fun way to learn about survival principles. Remember, building shelters in the wild requires knowledge, practice, and always prioritizing safety. Never venture into unknown areas alone, and always have adult permission and supervision for outdoor activities.

#### **Bonus Adventure (Optional):**

- Research one type of traditional shelter from a specific culture (e.g., a wigwam, yurt, igloo). What makes it so effective for its environment?
- With adult help, try building a larger, kid-sized version of a simple lean-to in your backyard using a tarp and some rope.