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## **Lesson Plan: Super Listener Adventure!**

#### **Materials Needed:**

- A few favorite toys (e.g., a stuffed animal, a toy car, a ball)
- Building blocks (like LEGO Duplos or wooden blocks) in various colors
- Paper and crayons
- A fun hat or scarf (optional, for "Simon Says")
- A small box or basket for cleanup

## 1. Learning Objectives

- The student will demonstrate listening skills by following simple one-step verbal directions.
- The student will begin to follow two-step verbal directions in sequence.
- The student will engage in activities that require focused attention on a speaker.

## 2. Warm-Up: The "Listen Up!" Song (5 minutes)

**Goal:** To get energized and focus attention on listening.

#### Instructions:

- Sing a classic action song like "Head, Shoulders, Knees, and Toes" or "If You're Happy and You Know It."
- 2. Start by singing it at a normal speed.
- 3. Repeat the song, but this time, go very fast!
- 4. Sing it one last time, but go very, very slowly. This encourages the child to listen carefully to the pace of your words and match their actions.
- 5. Praise their great listening: "Wow, you listened so well to how fast and slow we were singing!"

## 3. Main Activity 1: "Simon Says" with a Silly Twist (10 minutes)

**Goal:** To practice following one-step directions and discriminating between when to act and when not to.

#### Instructions:

- 1. Explain the rules of "Simon Says": "We're going to play a game. You only do the action if I say 'Simon Says' first. Are you ready?"
- 2. Put on the silly hat or scarf to become "Simon." This adds a fun, visual cue.
- 3. Start with simple, one-step commands.
  - "Simon says touch your nose."
  - "Simon says hop on one foot."
  - "Jump up and down." (Try to catch them!)
  - ∘ "Simon says roar like a lion."
- 4. After a few rounds, let the student be "Simon" and give you directions. This empowers them and shows they understand the concept.

## 4. Main Activity 2: Creative Constructor (10 minutes)

**Goal:** To build on listening skills by following two-step directions in a hands-on, creative way.

#### Instructions:

- 1. Sit on the floor with the building blocks spread out between you.
- 2. Start with simple, one-step directions: "Please hand me a red block." or "Find a blue block."
- 3. Once they are successful, move to two-step directions. Say the full direction first, then let them complete it.
  - "First, find a green block, and then put it on top of a yellow block."
  - o "Pick up a big block, and then pick up a small block."
  - "Find two blue blocks, and then connect them together."
- 4. Keep the tone playful. If they miss a step, gently guide them: "That was a great first step! Do you remember what came next? We needed to put it on the yellow block."

## 5. Main Activity 3: Directional Drawing (5-10 minutes)

**Goal:** To follow multi-step instructions that result in a creative product, providing a clear visual reward for good listening.

#### Instructions:

- 1. Get out the paper and crayons.
- 2. Give a series of simple drawing instructions, waiting for the child to complete each one before giving the next.
  - "Let's use the blue crayon to draw a big circle."
  - "Now, let's use the black crayon to draw two small dots inside the circle for eyes."
  - "Next, let's use the red crayon to draw a smile under the eyes."
  - "Finally, use the yellow crayon to draw some hair on top of the circle."
- 3. Celebrate the final creation! "Look at this amazing face you drew just by listening to my words! You are a fantastic listener!"

# 6. Wrap-Up & Assessment: The Tidy-Up Challenge (5 minutes)

**Goal:** To apply listening skills in a practical, helpful context and assess understanding of sequential directions.

#### **Instructions:**

- 1. Bring out the small box or basket for cleanup.
- 2. Turn cleanup into the final listening game. Give two-step directions for tidying the materials.
- 3. "Let's get ready for our next activity. First, put all the crayons in the box, and then put the paper on the table."
- 4. "Great! Now, please put the red block in the basket, and then put the blue block in the basket."
- 5. Continue until all the materials from the lesson are put away. This serves as a great, informal assessment of their ability to follow two-step directions.
- 6. End with specific praise: "You did an amazing job cleaning up. You listened carefully and put the crayons away first, just like I asked. You're a Super Listener!"

## 7. Differentiation and Inclusivity

#### For Extra Support:

- **Use Visuals:** Point to the objects you are talking about (e.g., "Get the *red block*" while pointing to it).
- **Break It Down:** For a two-step direction, give the first step, wait for completion, and then give the second step.
- **Keep it Physical:** Focus more on big body movements in "Simon Says" if fine-motor tasks are frustrating.

#### • For an Extra Challenge:

- Introduce Three-Step Directions: "First, find a yellow block, then find a green block, and finally, put the green one on top of the yellow one."
- **Add "Before" and "After":** "*Before* you pick up the red block, touch your head." or "Pick up the blue block *after* you clap your hands."
- **Reverse Roles:** Encourage the child to give you a series of two- or three-step directions to follow.

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