

# Lesson Plan: Our Community Helpers Adventure!

## Materials Needed:

- A large paper grocery bag or tote bag (the "Helper Bag")
- Construction paper (various colors), scissors, glue stick, tape, and markers/crayons
- A paper plate or a strip of construction paper long enough to be a headband
- Objects to represent different community helpers (suggestions below):
  - **Police Officer:** A toy whistle or a shiny badge made from foil
  - **Veterinarian/Nurse:** A toy stethoscope, a bandage, or a cotton ball
  - **Firefighter:** A small piece of a garden hose or a red block
  - **Teacher:** A piece of chalk, a whiteboard marker, or a book
  - **Stay-at-Home Parent:** A baby sock, a bottle brush, or a plastic spoon
  - **Garbage Truck Driver:** A clean, small plastic bottle or a toy truck
- A piece of folded construction paper for a "Thank You" card

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## Learning Objectives

By the end of this lesson, Arturo will be able to:

- Identify at least 5 different community helpers.
- Describe one important task for each of those helpers.
- Create a drawing and a "Thank You" card to show appreciation for a community helper.

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## Lesson Activities

### Part 1: Warm-Up - The Super Helper Hat (10 minutes)

1. **Introduce the Topic:** Say, "Arturo, today we're going on an adventure to learn about some amazing people who help us every day. We call them Community Helpers! To get ready, you need a special hat."
2. **Create the Hat:** Give Arturo the paper plate or construction paper headband. Let him decorate it with markers and shapes. This isn't one specific helper's hat, but a general "Super Helper" hat he can wear throughout the lesson to feel empowered.
3. **Discuss:** While he decorates, ask, "Who are some people you can think of that help us in our neighborhood?" This activates his prior knowledge.

### Part 2: Main Activity - "What's in My Helper Bag?" Game (15 minutes)

1. **The Mystery Bag:** Present the "Helper Bag" with all the pre-selected items inside. Tell him the bag is full of tools that community helpers use to do their jobs.
2. **Guess the Helper:** Have Arturo reach into the bag without looking and pull out one item.
3. **Investigate:** Ask him questions to encourage critical thinking:
  - "What did you find?"
  - "What do you think it's used for?"

- "Which community helper do you think uses a [item name] to help people (or animals)?"
4. **Connect and Clarify:** After he guesses, confirm the answer and briefly explain the helper's role. For example, "Yes! A veterinarian uses a stethoscope to listen to a puppy's heartbeat and make sure it's healthy. They are animal doctors!" Repeat until all items are out of the bag.

### Part 3: Active Time - Community Helper Actions (10 minutes)

1. **Get Moving:** Announce it's time to practice being community helpers! Explain that you will call out a helper's name, and he has to act out what they do.
2. **Play the Game:** Call out different helpers from the lesson.
  - "Firefighter!" (Arturo can pretend to spray a fire hose).
  - "Teacher!" (He can pretend to read a story to a class).
  - "Garbage Truck Driver!" (He can pretend to drive a big truck and lift cans).
  - "Nurse!" (He can pretend to put a bandage on a patient).
  - "Stay-at-Home Parent!" (He can pretend to rock a baby or cook a meal).
3. **Switch Roles:** Let Arturo call out a community helper for you to act out! This gives him ownership of the game.

### Part 4: Creative Application - My Favorite Helper Drawing (15 minutes)

1. **Reflect:** Ask Arturo, "Of all the helpers we talked about, which one do you think is the most interesting? Or which one would you want to be for a day?"
2. **Draw and Explain:** Give him paper and crayons/markers. Ask him to draw a picture of his favorite helper doing their job.
3. **Share the Story:** When he's done, ask him to tell you about his picture. "Who did you draw? What are they doing in your picture? How are they helping?" This is a key assessment to check for understanding.

### Part 5: Cool-Down & Wrap-Up - A Big "Thank You!" (10 minutes)

1. **Purpose:** Say, "Community helpers work so hard for us. It's important to say thank you! Let's make a card for one of them."
2. **Create the Card:** Using the folded paper, help Arturo make a thank you card. He can draw a picture on the front. On the inside, you can help him write a simple message like, "Dear Garbage Truck Driver, Thank you for keeping our neighborhood clean! From, Arturo."
3. **Plan for Delivery:** Talk about how you can give the card to the person. You could leave it on the garbage can on pickup day, mail it to a family member who is a nurse, or give it to a teacher you know. This makes the lesson real and impactful.

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### Differentiation & Extension Ideas

- **To Add Support:** During the "Helper Bag" game, offer two choices ("Do you think a teacher or a firefighter uses chalk?"). For the drawing, you can draw the outline of a person and have Arturo add the details.
- **To Add a Challenge:** Ask Arturo to name *two* or *three* things a helper does. Challenge him to think of other community helpers you didn't talk about (like a mail carrier, librarian, or construction worker) and guess what tools they might use.
- **Extension Activity:** Go on a "Community Helper Walk" around your neighborhood. Point out places where helpers work (a fire hydrant, a school, a doctor's office sign) or see if you can spot any helpers in action!