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# A Journey Through Time: The Story of Palestine

#### **Materials Needed:**

- A long roll of paper (like butcher paper or the back of wrapping paper) for a timeline scroll
- Markers, colored pencils, and pens
- Printed blank map of the Eastern Mediterranean region
- Several sheets of tracing paper
- Tape or paper clips
- A small box (the "Treasure Box")
- Items for the Treasure Box: an olive branch (or a picture of one), a small piece of fabric with a geometric pattern (or a picture of Palestinian *tatreez* embroidery), an old-fashioned key, a small stone
- Access to the internet for short, age-appropriate videos
- Air-dry clay or drawing paper for the final activity

#### **Lesson Overview**

This lesson is designed as a hands-on, creative exploration of the long and rich history of the land known as Palestine. Rather than focusing on memorizing dates, we will explore history as a story of people, cultures, and the meaning of "home." The lesson is structured as a journey, using a timeline scroll and layered maps to see how the story unfolds through different eras.

## **Learning Objectives**

By the end of this lesson, the student will be able to:

- Identify at least three major historical periods or empires that have shaped the region.
- Create a visual timeline that organizes key historical shifts in the land.
- Describe two examples of Palestinian culture (e.g., food, art, agriculture).
- Reflect on the universal concepts of home, identity, and resilience through a creative project.

## **Lesson Activities**

# Part 1: The Treasure Box (15 minutes) - Engagement

- 1. **Introduction:** Present the student with the closed "Treasure Box." Explain that inside are clues to a story of a very old land and its people.
- 2. **Discovery:** Have the student open the box and examine each item one by one. As they pick up each item, ask guiding questions:
  - Olive Branch: "What does this make you think of? Olives have grown in this land for thousands of years. They represent peace, resilience, and connection to the land."
  - Embroidered Fabric (Tatreez): "What do you notice about this pattern? This is like a special kind of storytelling using thread, called tatreez. Each village has its own patterns."
  - Old Key: "Why might a key be an important symbol? For many people, a key represents

- their home, even if they can no longer live there."
- Small Stone: "This land has many ancient buildings made of stone. What do stones tell
  us about history? They show us what has lasted for a very, very long time."
- 3. **Connect:** Explain that all these objects help tell the story of a place called Palestine, a land that is important to many people for many different reasons.

# Part 2: The Timeline Scroll (30-40 minutes) - Exploration & Organization

- 1. **Set Up:** Roll out the long piece of paper. Draw a single line down the middle. Explain that this isn't just a line; it's a path we're going to walk down through history.
- 2. **Era by Era Storytelling:** Guide the student in adding key periods to the timeline. For a 10-year-old, focus on the "big ideas" and stories, not overwhelming detail. Add simple titles and drawings for each era.
  - Ancient Times (Way Back): Mark the beginning of the timeline. Draw some wheat and a simple pot. "People have lived here since the beginning of farming. It was called Canaan. Many different groups lived here."
  - Roman Rule: Add "Roman Empire" to the timeline. "A huge empire came and ruled the land. They even renamed it 'Syria Palaestina.' This is where the name Palestine comes from." Draw a Roman arch or aqueduct.
  - The Rise of Islam & The Caliphates: Add this era. "Next, Arabic-speaking people and the new religion of Islam became central to the culture of the region for over 1,000 years. This is when many of the cities we know today, like Jerusalem, grew in importance for Muslims, alongside their importance to Jews and Christians." Draw a geometric pattern or a crescent moon.
  - The Ottoman Empire: Add this long period. "For 400 years, a large Turkish empire ruled the land. Life was mostly organized around villages and local communities." Draw an Ottoman-style building.
  - British Mandate: Add this shorter but very important period. "After a big war (WWI), the Ottoman Empire fell apart, and Great Britain took control. This was a time of huge changes and conflict, as many Jewish immigrants moved to the region, leading to tensions with the local Arab population." Draw a map symbol or a British flag.
  - 1948 to Today: Mark this final section. "This is the modern period, which has been defined by conflict, the creation of the state of Israel, and the displacement of millions of Palestinians. It is a very difficult and painful part of the story, and it is still happening today." You can draw a key (symbolizing lost homes) and an olive tree (symbolizing hope and connection to the land).
- 3. **Student Input:** At each stage, ask the student what they think life might have been like for a kid their age during that time. Encourage them to add their own drawings to the scroll.

## Part 3: Layered Maps (15 minutes) - Visualizing Change

- 1. **Base Map:** Place the blank map of the region on the table. This is our "ground floor." Explain that this is the physical land—the rivers, the sea, the hills.
- Layer 1 Ottoman Period: Place the first sheet of tracing paper over the map. Draw loose, dotted lines for the Ottoman administrative districts. Explain that there were no firm "country" borders like we see today. People moved around more freely.
- 3. **Layer 2 British Mandate:** Place a new sheet of tracing paper on top. Draw the borders of the "Mandate for Palestine" created by the British. Show how this created a more defined territory.
- 4. Layer 3 1947 UN Plan & 1949 Armistice Lines: On a new sheet, show the student a simplified map of the UN Partition Plan and then the subsequent 1949 lines after the war. Use two different colors. This visually demonstrates the division of the land.
- 5. **Discussion:** Remove the layers one by one. Ask: "How did the land change on the maps? How might drawing lines on a map change life for the people living there?"

## Part 4: Creative Reflection (15-20 minutes) - Application & Synthesis

- 1. **Prompt:** Say, "We've learned about a long history, about culture, and about how things change. Now, I want you to think about what 'home' means to you."
- Create: Give the student the air-dry clay or drawing materials. Ask them to create something
  that represents "home," "identity," or "resilience." It could be a sculpture of a key, a drawing of
  an ancient olive tree with deep roots, a house, or a patterned design. There is no right or
  wrong answer.
- 3. **Share:** When they are finished, ask them to explain their creation. This is the final assessment—listening to their explanation will reveal their understanding and personal connection to the lesson's themes.

#### **Assessment & Evaluation**

- **Formative (During Lesson):** Assess understanding through the student's questions and answers during the Treasure Box, Timeline, and Mapping activities. Observe their ability to make connections between the different eras.
- **Summative (End of Lesson):** The primary assessment is the student's final creation and their explanation of it. Look for their ability to use concepts from the lesson (like resilience, roots, keys, home) to explain their artwork. The completed timeline scroll also serves as a record of their learning.

### **Differentiation & Extension**

- **For Support:** Provide pre-printed labels or images for the timeline. Focus more on the cultural aspects (food, art) than the complex political changes.
- **For Extension:** Encourage the student to research a specific aspect they found interesting, like *tatreez* patterns from different villages, the history of olive oil in the region, or the life story of a Palestinian poet or artist. They could add this new information to the timeline scroll.

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