

The Great Water Journey: Systems, Landscapes, and Us

Lesson Overview

Target Age: 9 Years Old (Grade 4/Year 5)

Duration: Two 1-Hour Sessions

IB Key Concepts: Systems (How parts work together), Causation (Why things happen), Responsibility (Our role in the environment).

Subject Integration: Geography, Environmental Science, Mapping, and Engineering.

Learning Objectives

By the end of these lessons, the learner will be able to:

- Identify the water cycle as a **system** with specific stages (Evaporation, Condensation, Precipitation, Collection).
- Describe how **landforms** (mountains, valleys, plains) direct the movement of water.
- Analyze how **human actions** (building cities, pollution) change the water system.
- Propose a simple **management solution** to protect a local water source.

Materials Needed

- A large shallow tray or plastic bin
- Modeling clay, sand, or stones (to build mountains)
- A spray bottle filled with water (The "Rain Cloud")
- Blue food coloring or watercolor paint
- Small "props" (Lego people, toy cars, or small sponge pieces to represent houses/trees)
- Cocoa powder or glitter (to represent "pollution")
- Paper and colored pencils for mapping
- A kitchen sponge

Session 1: The Landscape's Blueprint (1 Hour)

1. The Hook: The Raindrop's Rollercoaster (10 Minutes)

Scenario: "Imagine you are a tiny drop of water sitting on top of the highest mountain in the world. How do you get to the ocean? Do you take a straight line? What happens if you get stuck in a lake? Today, we aren't just looking at a diagram; we are building the rollercoaster that water travels on!"

Objective: Introduce the water cycle as a **spatial system**—it's not just a circle on paper; it happens

across real land.

2. I Do: The System Components (10 Minutes)

Explain the four main stages using 9-year-old friendly language:

- **Evaporation:** The sun gives water a "hug" and turns it into invisible gas (vapor).
- **Condensation:** The vapor gets cold high up and huddles together to form clouds.
- **Precipitation:** The clouds get too heavy and "sneezes" out rain or snow.
- **Collection/Runoff:** Gravity pulls the water down the landforms into rivers and oceans.

3. We Do: Building the Catchment Model (25 Minutes)

Work together to build a 3D landscape in the tray.

- **Step 1:** Use clay or stones to create a high mountain at one end and a flat valley at the other.
- **Step 2:** Carve out a "riverbed" that winds down the mountain into a "lake" or "ocean" at the bottom.
- **Step 3:** Place "trees" (bits of sponge) on the mountain slopes and "houses" in the valley.
- **The Experiment:** Use the spray bottle to "rain" on the mountain. Observe where the water goes. Does it stay on the peaks? (No, gravity pulls it down). Does it follow the path you carved?

4. You Do: Mapping the Flow (15 Minutes)

The student draws a "Bird's Eye View" map of the model they just built. They must use blue arrows to show the **flow** of water and label the **Catchment Area** (where the rain collects).

5. Session 1 Wrap-up (Check for Understanding)

- *Question:* If we flattened the mountain, would the water move the same way?
- *Question:* What part of our model represents "Collection"?

Session 2: The Human Ripple Effect (1 Hour)

1. The Hook: The Sponge vs. The Slide (10 Minutes)

Show a kitchen sponge and a plastic plate. Pour a little water on both. The sponge absorbs; the plate sheds. **Discussion:** "Nature is like a sponge (forests/grass). Cities are like the plate (concrete/roads). What happens to the water cycle when we turn a forest into a city?"

2. I Do: Human Impact & Management (10 Minutes)

Introduce two ways humans change the system:

- **Surface Change:** Replacing grass with concrete causes "Flash Floods" because water can't soak in.
- **Pollution:** Whatever we put on the ground (oil from cars, trash) gets carried by the water into our drinking supply.

3. We Do: The Pollution Pursuit (20 Minutes)

Return to the model from Session 1.

- **Step 1:** Sprinkle "pollution" (cocoa powder or glitter) near the houses and roads on your model.
- **Step 2:** Make it rain! Watch as the "pollution" washes into the river and eventually the "ocean."
- **Step 3: Management Challenge!** Give the student the "Sponge" (representing a wetland or forest). Ask them where they should place it to stop the pollution or slow down the flood.
- **Step 4:** Test the "Management" by raining again. Does the sponge help?

4. You Do: The "Sponge City" Designer (15 Minutes)

The student acts as a City Planner. On a new sheet of paper, they must design a "Water-Friendly Town."

Success Criteria: Their design must include:

- A "Green Zone" (trees/parks) to soak up rain.
- A way to keep trash out of the river (e.g., filters or "bins near drains").
- A designated area for houses that won't flood.

5. Conclusion & Recap (5 Minutes)

- **Recap:** We learned that the water cycle is a system, landforms decide where water flows, and humans have the power to protect or hurt that water.
- **Exit Ticket:** Name one thing you can do at home to help the water cycle stay clean (e.g., picking up litter, using less water).

Differentiation & Adaptations

- **For Struggling Learners:** Focus on the 3D model rather than the mapping. Use a "Flow Chart" with pictures instead of writing definitions.
- **For Advanced Learners:** Introduce the concept of *Transpiration* (plants "breathing" out water) and have them add a "Forest" section to their map, explaining how it contributes to cloud formation.
- **Virtual/Digital Adaptation:** Use a digital sandbox or a drawing app to label landforms if physical materials are unavailable.

Assessment

- **Formative:** Observation of the student during the "Rain" experiment. Can they predict where the water will go?
- **Summative:** The "Sponge City" design. Evaluate based on whether they correctly applied the concepts of absorption (management) and flow (landforms).