

My Amazing Family: Who Is on My Team?

Lesson Overview

In this lesson, children will explore the concept of family. They will learn that families come in many different shapes and sizes, identify their own family members, and celebrate what makes their family unique through storytelling and art.

Materials Needed

- Printed photos of family members (parents, siblings, grandparents, pets)
- Large sheet of construction paper or cardstock
- Crayons, markers, or colored pencils
- Glue stick
- Child-safe scissors
- Small "family" figures or dolls (optional)

Learning Objectives

By the end of this lesson, the student will be able to:

- Identify and name the people in their immediate family.
- Understand that a family is a group of people who love and care for each other.
- Describe one thing they enjoy doing with their family.

1. Introduction (The Hook)

The Big Question: "Do you have a special team of people who love you more than anything? That team is called a **Family!**"

Activity: Ask the child to look around the room. "Can you find someone in your family right now? Give them a high-five!" Explain that today, we are going to be detectives and look at all the special people who make up our family team.

2. Content & Instruction (I Do)

Concept: Families are Unique

Talking Points:

- "Families are like gardens—no two are exactly the same! Some families are big with lots of brothers and sisters. Some families are small. Some families have two mommies or two daddies, and some have a grandma or grandpa living at home."
- "The most important thing about a family is that they take care of each other and love each

other."

Demonstration: Show the child a picture of a different family (from a book or online). Point out the members: "Look, here is a mommy, a daddy, and a baby. This is their family team." Then, show a picture of your own family. "And look! Here is *our* family team. Here is you, and here is me!"

3. Guided Practice (We Do)

Activity: The Family Sorting Game

1. Lay out all the printed photos of family members on a table.
2. **Prompt:** "Can you find the photo of Grandma?" or "Where is the photo of your brother?"
3. As the child picks up a photo, ask: "What is something special this person does for you?" (e.g., "Grandma gives the best hugs!").
4. Together, glue the photos onto a large piece of paper. If a photo isn't available, help the child draw a simple "stick person" representing that family member.

4. Independent Practice (You Do)

Activity: The "Family Love" Heart

1. Give the child a large heart shape cut out of paper.
2. **Task:** "Use your favorite colors to decorate this heart for your family. You can draw your favorite thing to do with us! Do we like to go to the park? Do we like to read books together?"
3. Encourage the child to add "decorations" (stickers, glitter, or drawings) that represent things their family likes (e.g., a slice of pizza, a dog, or a sun).
4. **Role Play Extension:** If the child has toy figures, ask them to "act out" a family dinner or a family walk.

5. Conclusion (Closure & Recap)

Summary: Gather around the family photo poster you made together.

Talking Points: "We learned today that families are groups of people who love us. We looked at our team and saw all the people who help us grow."

Final Check: Ask the child:

- "Who is someone in your family that makes you smile?"
- "What is one way we show love to our family?" (e.g., hugs, sharing, saying 'I love you').

Success Criteria: The child can point to at least three family members and state their names or roles.

Differentiation & Adaptability

- **For Advanced Learners:** Introduce the concept of "Extended Family" (cousins, aunts, uncles) and add them to the poster. Ask them to describe the "role" of each person (e.g., "The mommy

cooks dinner, the sister helps clean up").

- **For Struggling Learners:** Focus only on the people living in the house. Use "Who is this?" games with physical photos to reinforce naming.
- **Classroom Variation:** Instead of individual posters, create a "Class Family" tree where each student adds a leaf with their name/photo to show how the class is a school family.

Assessment

- **Formative:** During the sorting game, observe if the child can correctly identify family members in the photos.
- **Summative:** The completed "Family Love" heart and the child's ability to explain their drawing to a family member at the end of the lesson.