

Materials Needed:

- Computer with internet access
- Notebook and pen/pencil
- Access to online articles/resources about Vlad the Impaler and vampire folklore (links can be provided)
- Optional: World map or historical map showing Wallachia/Romania
- Optional: Short, age-appropriate excerpts from Bram Stoker's Dracula

Lesson: Fangtastic History - Unearthing the Vampire Myth

Introduction: More Than Just Sparkles and Capes!

Vampires! They're everywhere in books, movies, and TV shows. But where did the idea of these blood-drinking creatures come from? Are they totally made up, or is there some history lurking in the shadows? Today, we're going on a historical investigation to uncover the origins of the vampire myth, separating fact from spooky fiction!

Activity 1: Meet the 'Real' Dracula?

One name often linked to vampires is Dracula. But the name originally belonged to a real person: Vlad III Dracula, also known as Vlad the Impaler. He was a prince of Wallachia (part of modern-day Romania) in the 15th century.

Task: Using reliable internet resources (like encyclopedias or history websites), research Vlad the Impaler. Answer these questions in your notebook:

1. When and where did Vlad III live?
2. What was his reputation? Why was he called 'the Impaler'?
3. Why was he fighting? (Hint: Look into the Ottoman Empire).
4. How might his actions and reputation have contributed to later vampire stories, even though he wasn't *actually* a vampire?

Discussion Point: How does the historical Vlad compare to the fictional Count Dracula?

Activity 2: Folklore Forensics - Where Did Vampires Come From?

Long before Bram Stoker wrote his famous novel 'Dracula' in 1897, belief in vampire-like creatures existed in many cultures. These beliefs often arose from trying to explain things people didn't understand, especially illness and death.

Task: Research early vampire folklore (pre-1800s) from Eastern Europe. Consider these points:

- What did people think caused vampirism? (e.g., improper burial, disease, being 'different')
- How did they describe these creatures? (They often weren't charming counts!)
- What methods did people use to protect themselves or 'deal' with suspected vampires?
- How might diseases like rabies or porphyria, or the natural process of decomposition, have been misinterpreted as signs of vampirism before modern science?

Discussion Point: Why do you think humans create monsters in folklore? What fears might vampires

represent?

Activity 3: History vs. Hollywood

Bram Stoker blended bits of history (Vlad's name and homeland) with existing folklore and his own imagination to create the iconic Count Dracula we know today. His book cemented the image of the aristocratic, caped vampire.

Task (Optional): If you have access, read a short excerpt from Bram Stoker's 'Dracula'. Compare Stoker's vampire with:

1. The historical Vlad the Impaler.
2. The descriptions from older folklore you researched.

Write down 3 key differences between these portrayals.

Conclusion: History Bites!

The vampire myth is a fascinating mix of history, folklore, misunderstanding, and imagination. It shows how real events and people (like Vlad the Impaler) and societal fears (like disease and the unknown) can evolve over time into powerful legends that still capture our interest today. We learned that history isn't always neat and tidy – sometimes it's full of strange and spooky stories that tell us a lot about the people who told them!

Final Thought Question: Can you think of any other myths or legends that might have roots in real historical events or scientific misunderstandings?