

Objective

By the end of this lesson, you will be able to identify and understand basic anatomy of the human body.

Materials and Prep

- Anatomy diagram or poster
- Colored pencils or markers
- Blank paper
- Internet access (optional)

No prior knowledge is required for this lesson.

Activities

1. Start by discussing the importance of the human body and how it functions. Ask questions like:
 - What are some body parts you already know?
 - Why do you think it's important to learn about the human body?
2. Show the anatomy diagram or poster to the student. Explain that they will be coloring and labeling different body parts.
 - Have the student choose a body part and color it on the diagram.
 - Ask the student to label the colored body part with its name.
 - Repeat this process for several different body parts.
3. If internet access is available, explore online resources or videos that provide more information about the anatomy of the human body. Discuss any interesting facts or discoveries.
4. Ask the student to draw a simple outline of a human body on a blank piece of paper. Then, have them label as many body parts as they can remember from the previous activity.

Third Grade Talking Points

- "Our body is made up of many different parts that work together to help us live and do things."
- "Some of the important body parts are the brain, heart, lungs, stomach, and bones."
- "The brain helps us think, learn, and remember things. It's like the control center of our body."
- "The heart pumps blood to all parts of our body. It's like a powerful engine that keeps us alive."
- "The lungs help us breathe. They take in oxygen from the air and remove waste gases."
- "The stomach helps us digest food. It breaks down the food we eat so our body can use the nutrients."
- "Our bones give our body structure and support. They also protect important organs like the brain and heart."
- "Learning about our anatomy can help us take care of our bodies and understand how they work."