

Materials:

- Whiteboard or large paper
- Markers or pens
- List of common Spanish reflexive verbs (e.g., lavarse, levantarse, cepillarse, ducharse, vestirse, acostarse, despertarse)
- Spanish dictionary or online resource (like wordreference.com)
- Optional: Flashcards for reflexive verbs and pronouns

Introduction: Mirror, Mirror! (10 mins)

¡Hola! Today, we're diving into a special type of verb in Spanish called reflexive verbs. Think of them as actions you do **to yourself**. Imagine looking in a mirror – the action reflects back onto you! That's the core idea. These verbs often describe daily routines like washing your face, brushing your teeth, or getting dressed.

What Makes a Verb Reflexive? (15 mins)

Reflexive verbs in Spanish always end in "-se" in their infinitive form (the basic form, like 'to wash'). For example: **lavarse** (to wash oneself), **levantarse** (to get oneself up), **cepillarse** (to brush oneself).

To use them, we need special little words called reflexive pronouns. These show **who** is doing the action **to themselves**. They match the subject (who is doing the action):

- **me** (myself) - for 'yo' (I)
- **te** (yourself) - for 'tú' (you, informal)
- **se** (himself, herself, itself, yourself formal) - for 'él', 'ella', 'usted'
- **nos** (ourselves) - for 'nosotros/nosotras' (we)
- **os** (yourselves) - for 'vosotros/vosotras' (you all, Spain)
- **se** (themselves, yourselves formal) - for 'ellos', 'ellas', 'ustedes'

How to Conjugate Reflexive Verbs (20 mins)

It's a two-step process:

1. **Choose the right reflexive pronoun** based on the subject.
2. **Conjugate the verb** like you normally would in the present tense, dropping the "-se" ending first.

The reflexive pronoun usually goes **before** the conjugated verb.

Let's try **lavarse** (to wash oneself):

- Yo **me lavo** (I wash myself)
- Tú **te lavas** (You wash yourself)
- Él/Ella/Usted **se lava** (He/She/You wash himself/herself/yourself)
- Nosotros/Nosotras **nos lavamos** (We wash ourselves)
- Vosotros/Vosotras **os laváis** (You all wash yourselves)
- Ellos/Ellas/Ustedes **se lavan** (They/You all wash themselves/yourselves)

Let's practice conjugating **levantarse** (to get up) together on the whiteboard/paper.

Activity: Mi Rutina Diaria (My Daily Routine) (15 mins)

Let's use reflexive verbs to describe a typical morning routine. Try to complete or create sentences using the verbs we've learned. I'll start:

- Yo _____ (despertarse) a las siete de la mañana. (Answer: me despierto)
- Después, yo _____ (levantarse). (Answer: me levanto)
- Luego, yo _____ (ducharse). (Answer: me ducho)
- Yo _____ los dientes (cepillarse). (Answer: me cepillo)
- También _____ (vestirse) para la escuela. (Answer: te vistes)
- Nosotros _____ (acostarse) tarde los fines de semana. (Answer: nos acostamos)

Now, try writing 3-5 sentences about your own daily routine using different reflexive verbs!

Wrap-up & Review (5 mins)

Great job! Today we learned about reflexive verbs – actions we do to ourselves. We saw how to identify them (ending in -se), use reflexive pronouns (me, te, se, nos, os, se), and conjugate them to talk about daily routines. Remember, the pronoun usually comes *before* the verb. ¡Excelente trabajo!