

Objective

By the end of this lesson, you will be able to identify and name the 7 continents.

Materials and Prep

- World map or globe
- Blank piece of paper
- Colored pencils or markers

Activities

1. Start by showing the world map or globe to the student.

Ask the student to point out the different continents on the map or globe.

Discuss the shapes and sizes of the continents.

2. Give the student a blank piece of paper and ask them to draw the outline of the continents.

Encourage them to use different colors for each continent.

3. Once the drawing is complete, review the names of the continents with the student.

Ask the student to label each continent on their drawing.

4. Engage in a discussion about the different characteristics of each continent.

For example, talk about the weather, animals, or famous landmarks found on each continent.

First Grade Talking Points

- "Social Studies is a subject that helps us learn about the world we live in."
- "Today, we are going to learn about the 7 continents, which are large land areas on Earth."
- "Continents are like big puzzle pieces that fit together to make up our planet."
- "There are 7 continents: North America, South America, Europe, Asia, Africa, Australia, and Antarctica."
- "Each continent has its own unique features, like different animals and landmarks."
- "We can use maps and globes to see where the continents are located."
- "By the end of this lesson, we will be able to name and identify all 7 continents."