

Objective

By the end of this lesson, the first-grade student will be able to understand and identify the five senses and their importance in daily life.

Materials and Prep

- Whiteboard or large paper
- Markers or colored pencils
- Index cards or small pieces of paper

No prior knowledge is required for this lesson.

Activities

1. **Introduction:** Begin by discussing the five senses (sight, hearing, taste, smell, touch) with the student. Ask them to think about how they use each sense in their daily life.
2. **Sense Sorting:** Write the names of the five senses on the whiteboard or paper. Give the student index cards or small pieces of paper and ask them to write or draw examples of things they can experience with each sense. Have them place the cards under the corresponding sense on the board.
3. **Sense Walk:** Take the student on a short walk around the house or outside. Encourage them to use their senses to observe and describe what they see, hear, smell, and feel during the walk. Discuss their observations afterwards.
4. **Sense Guessing Game:** Prepare a few small containers with different scents (e.g., lemon, vanilla, cinnamon). Blindfold the student and let them smell each container. Have them guess the scent and discuss how their sense of smell helped them identify it.
5. **Artistic Expression:** Provide the student with markers or colored pencils and ask them to create a colorful poster showcasing the five senses. Encourage them to illustrate examples of each sense and write the corresponding words.

First Grade Talking Points

- "Our senses help us understand the world around us."
- "We use our eyes to see things. Can you think of something you can see?"
- "Our ears help us hear different sounds. What sounds do you enjoy listening to?"
- "Our tongue helps us taste different flavors. What is your favorite taste?"
- "Our nose helps us smell different scents. Can you think of something that smells good?"
- "Our skin helps us feel different textures. Can you find something smooth and rough?"
- "Using our senses makes life more interesting and enjoyable!"