

Objective

By the end of this lesson, you will be able to understand the importance of taking care of the environment and identify simple ways to protect it.

Materials and Prep

- Recyclable materials (plastic bottles, paper, cardboard, etc.)
- Colored markers or crayons
- Scissors
- Tape or glue
- Access to a nearby outdoor area (such as a backyard or park)

No prior knowledge or preparation is required for this lesson.

Activities

1. Create a Recycling Craft

Collect recyclable materials from your home and sort them into different categories (plastic, paper, cardboard, etc.). Then, using the materials, create a fun craft such as a robot or a flower. Use your creativity and have fun while reusing materials that would otherwise go to waste.

2. Nature Walk

Take a walk in the nearby outdoor area and observe the environment around you. Look for different plants, trees, and animals. Talk about how these living things are a part of our environment and why it is important to protect them. Take pictures or draw pictures of the things you see to create a nature journal.

Preschool Grade Talking Points

- "The environment is everything around us, like the air we breathe, the plants and animals, and the places we live."
- "We need to take care of the environment because it gives us clean air to breathe, clean water to drink, and a place to live."
- "We can help protect the environment by recycling. Recycling means taking things we no longer need and turning them into new things."
- "When we recycle, we can make new things like toys, paper, or even clothes. It's like giving old things a new life!"
- "Nature is full of amazing things like trees, flowers, and animals. We should be kind to nature and not harm it."
- "We can help nature by not littering and picking up trash we see. This keeps the environment clean and safe for everyone."