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## Objective

By the end of this lesson, the student will be able to express gratitude through creative arts and understand the importance of being thankful.

## Materials and Prep

Materials: Construction paper, crayons/markers, glue, scissors

Prep: Cut out various shapes from construction paper for the activities.

## Activities

1. Gratitude Collage: Have the student create a collage using the cut-out shapes and draw or write things they are grateful for on each shape. Then glue the shapes onto a larger piece of paper to create a gratitude collage.
2. Thank You Cards: Guide the student to make thank you cards for someone they appreciate. They can decorate the cards with drawings and write a simple message expressing their gratitude.
3. Gratitude Tree: Help the student draw and cut out a tree shape from construction paper. Then have them write or draw things they are thankful for on leaves and glue them onto the tree to create a gratitude tree.

## Kindergarten Grade Talking Points

- "Gratitude means being thankful for the good things in our lives. Can you tell me something you are thankful for?"
- "When we show gratitude, it makes other people feel happy and appreciated. How do you feel when someone says thank you to you?"
- "Creating art about gratitude helps us remember all the good things we have. What would you like to draw or write about on your gratitude collage?"
- "Making thank you cards is a way to show appreciation to others. Who would you like to make a thank you card for?"

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