

# Continent Quest: Exploring Africa!

## Introduction (10 minutes)

Ask your student: "Have you ever wondered what's bigger than our city? Bigger than our state? Even bigger than our country?" Introduce the globe or map. "Look at all this land and water! The biggest pieces of land are called **continents**. They are like giant islands! Today, we're going on an adventure to explore one special continent called **Africa**!" Point out Africa on the globe/map. Trace its shape with your finger. Ask the student to find it and trace it too.

## Activity 1: Amazing Africa (15 minutes)

Show pictures or read from a book about Africa. Talk about some things Africa is known for. "Look how big Africa is! Many different animals live here." Show pictures of specific animals like lions, elephants, giraffes, and zebras. Make the animal sounds together! Ask: "Which animal is your favorite?" Emphasize that these animals live in the wild in Africa.

## Activity 2: Craft Your Continent! (20 minutes)

1. Give the student a piece of green construction paper. Help them draw or trace a simple shape of Africa.
2. Let the student carefully cut out the Africa shape (provide assistance as needed).
3. Give the student a piece of blue construction paper. Explain that this represents the oceans around Africa.
4. Have the student glue their green Africa shape onto the blue paper.
5. Now, let them decorate their Africa! They can draw some of the animals they learned about directly onto the green paper, or use animal stickers if you have them. They could also draw trees or the sun. Encourage creativity!

## Closure and Review (5 minutes)

Review what you learned. Ask questions like:

"What do we call the biggest pieces of land on Earth?" (Continents)

"Which continent did we explore today?" (Africa)

"Can you point to Africa on our map/globe?"

"Can you name one animal that lives in Africa?"

Praise their effort and display their Africa craft proudly!

## Extension Ideas (Optional)

Listen to some African music, try a simple African-inspired recipe (like fruit salad), or watch a short, age-appropriate documentary clip about African wildlife.