

## Materials Needed:

- An open space (indoors or outdoors) safe for running
  - At least 3 participants (including the student and teacher/parent)
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## Introduction: Freeze Tag Fun!

Today, we're going to play a super fun game you love - Freeze Tag! But we're going to add a little math twist to make our brains stronger while we run!

## Activity: Freeze Tag Counting Game

Let's head to our open space. We need at least three people to play.

1. **Choose 'It':** Decide who will be 'It' first.
2. **Start the Game:** 'It' will chase the other players. Everyone else tries to run away without getting tagged.
3. **Freeze!:** When 'It' tags someone, that person must freeze exactly where they are!
4. **Count the Frozen:** Every time someone new gets frozen, let's pause the game for a second. We'll all count together: How many people are frozen right now? Let's touch each frozen person gently as we count: "One... two..."
5. **Adding One More (Optional):** If we already have one person frozen, and 'It' tags another person, let's think: We had 1, and now we added 1 more. How many are frozen now? That's right, 2! (Demonstrate with fingers if helpful).
6. **Unfreezing (Optional Simplification):** For this math version, we might skip unfreezing to keep the counting simple, or assign one person to \*only\* unfreeze, but not count them as 'frozen'. Decide based on the student's focus. The main goal is counting the \*frozen\* players.
7. **Switch Roles:** Play for a few minutes, then switch who is 'It'.

## Wrap-up: Counting Review

Great job playing Freeze Tag Math! Wasn't that fun? Let's think: What was the biggest number of frozen people we counted today? You did amazing counting while playing!